



# The Crittenden Press

Senior Living... It's a Lifestyle | Pages 9-14

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THURSDAY, JULY 17, 2025

24/7 BREAKING AND LOCAL NEWS / THE-PRESS.COM

AN INDEPENDENTLY-OWNED, LOCAL NEWSPAPER SINCE 1879

TWO DOLLARS

## Dam 50 bridge will be closed until November

An updated timeline for completion of the Crooked Creek Bridge replacement on KY 387, also known as Dam 50 Road, indicates that early November will be the target. There have been setbacks due to weather and other testing and surveying at the site, according to Transportation Cabinet spokesperson Carrie Dillard. The original target date for completion was sometime in August. Positive news, however, is that the bridge across Livingston Creek on KY 295 between Dycusburg and Eddyville should be finished on time by the end of August.

## Roars and rumblings

The Kentucky Bike Rally at Sturgis officially begins Thursday and runs through the coming weekend. Held at the fairgrounds in Union County, the rally draws tens of thousands of motorcycle enthusiasts, many of them making their pilgrimage to Sturgis via highways running through Crittenden County. So be on the lookout for bikers and support vehicles this week.

## KY HEARS

### Hearing test for free

KY HEARS will be in Crittenden County later this month offering free hearing tests and resources as part of a community outreach initiative. The two-day hearing clinic will be held from 9 a.m., to 2 p.m., on July 30 and 31 at Marion Baptist Church. Services are provided by the Heuser Hearing Institute and aim to improve hearing health access in rural communities. No cost is associated with the screenings, but appointments are encouraged. For more information or to schedule, call 800-958-9610 or send an email to [hkyhears@thehearinginstitute.org](mailto:hkyhears@thehearinginstitute.org). Additional details can be found online at [www.kyhears.org](http://www.kyhears.org).

## Press reporting earns national recognition

Chris Evans, editor of The Crittenden Press, has been recognized by the National Newspaper Association Foundation for investigative reporting on a series of opioid-related deaths in Marion. His work, Marion's OD Alarm Bell, received top honors in the 2025 Better Newspaper Awards, standing out among nearly 1,800 entries reviewed by the NNA. Evans will be formally recognized at the NNA's 139th Annual Convention & Trade Show in Minneapolis on Oct. 10.

## UPCOMING MEETINGS

- Crittenden County Fiscal Court meets at 8:30 a.m., at Thursday, July 17 at the county office complex.
- Marion City Council meets Monday, July 21 at city hall.
- Fredonia City Council will meet at 7 p.m., Monday, July 21 at city hall.
- Marion Tourism and Recreation Commission will meet at 8:30 a.m., Tuesday, July 22 at the Marion Welcome Center.



## Liquidation Sale

### Court-ordered auction coming soon

STAFF REPORT

A foreclosure lawsuit filed last summer in Crittenden Circuit Court by Byline Bank of Chicago, Ill., against Coffer Stores Inc. and numerous associated parties has resulted in a default judgment and a court-ordered liquidation sale of the former Marion True Value building and property on Sturgis Road.

The case stemmed from a defaulted business loan backed by multiple agreements. The legal action named more than a dozen defendants, including Coffer Stores, Clarks Hardware and Power Equipment, Zero

Clark 30 Properties and registered agent Ryan Clark of Madisonville.

Other defendants included financial stakeholders such as Wells Fargo Commercial Distribution Finance, Orgill Inc. and Universal Charge Accounts, as well as the City of Marion and Crittenden County, entities holding tax claims on the property.

Proceedings were initially delayed when a bankruptcy notice was filed in August 2024, temporarily halting some aspects of the case. However, an agreed order later lifted the automatic stay, allowing Byline Bank

to move forward with the foreclosure on portions of the collateral.

Clark and his wife, who owned and operated the store, were discharged from all debts through Chapter 7 bankruptcy in December. The bankruptcy action was deemed a "no-asset case," meaning unsecured creditors will likely have a narrow, if any, path to collect outstanding debt. The Clarks showed assets of \$2.7 million and liabilities of \$2.7 million in their bankruptcy filing. As part of the bankruptcy, the Clarks

See **SALE**/page 2



As previously reported when the Phase 2 corridor was announced months ago, the road between Fredonia and Eddyville will be built an innovative 2+1 lane change style.

## US 641 letters launch Phase 2

STAFF REPORT

Kentucky Transportation Cabinet (KYTC) has initiated the formal procurement process for Phase 2 of the US 641 highway upgrade between Fredonia and Eddyville, marking a key milestone in a project more than two decades in the making.

Late last week, KYTC spokesperson Carrie Dillard confirmed that Notices of Public Acquisition (NOPA) have been mailed to property owners affected by the final 9.2-mile stretch of the corridor. These letters serve as the first step in the state's property acquisition process, alerting owners of the Cabinet's intent to purchase land for public use.

KYTC has contracted J. Michael Jones & Associates as its appraisal consultant. The firm will soon begin scheduling property inspections and assigning market values to the affected parcels. Those appraisals will be delivered to Qk4, a Kentucky-based consulting firm managing the real estate acquisition process for the Cabinet.

The new section of US 641 between Marion and Fredonia will be formally dedicated July 29. It will be named for the late Mike Cherry, a former state representative from Princeton, who was instrumental in developing the highway. Details in article.



Cherry

Offers to property owners are expected to be made this fall, Dillard said.

The project's final phase, announced in 2023 following years of planning, will claim five homes and split seven or eight farms, many of which are located just east of Fredonia.

See **641**/page 7

## CRH opens first home in Marion, plans Salem hub

STAFF REPORT

Cumberland River Homes (CRH) will host an open house and ribbon-cutting ceremony Monday, Aug. 4 to celebrate completion of its newest residential facility, and the first in Marion.

The open house will be from 10 a.m., to 2 p.m., at the newly renovated Chapel Hill Residence, located at 741 Chapel Hill Road. The ribbon-cutting, hosted by the Crittenden County Chamber of Commerce, is scheduled for 11 a.m.



This architectural rendering showcases CRH's plans for a development on Main Street in Salem.

The fully remodeled home has been transformed into a duplex, featuring a three-bedroom, two-bath unit and a two-bedroom, one-bath unit. Together, the units will provide staffed housing for up to five individuals with intellectual and developmental disabilities.

During the open house, guests can tour the home,

meet CRH staff and board members, enjoy refreshments and share messages of welcome at a card-writing station.

While celebrating its Marion milestone, CRH is also preparing for a much larger expansion project in Salem. Backed by its Dream Big Capital Campaign, the non-

See **HOMES**/page 2



Shea Martin

## Martin on Miss USA KY stage

STAFF REPORT

Crittenden County native Shea Martin, 24, will represent her community this month in the 2025 Miss Kentucky USA competition, which will be held this weekend, July 18-19, at the Vern Riffe Center for the Arts at Shawnee State University in Portsmouth, Ohio.

Martin, a 2019 graduate of Crittenden County High School and a dispatcher for the Kentucky State Police, will join 23 other contestants vying for the state crown and a chance to advance to the national Miss USA pageant later this year.

This year's Kentucky and Ohio pageants are being hosted together to promote a stronger sense of community among contestants, an unusual twist for a program typically held in Somerset, Ky.

Martin, who lives in Princeton, works at KSP Post 2 in Madisonville. She began dispatching immediately after high school in her hometown before joining the state police as a telecommunicator. She said the communication skills she's developed on the job have helped prepare her for pageant interviews, and vice versa.

"This is something I've wanted to do a long time," Martin said. "I'm a little nervous. A big part of me wanted to wait until I could be the best version of myself, but I might be waiting forever because you can never be perfect."

Martin has deep roots in Kentucky's pageant circuit. She was crowned Miss Ballard County in 2021, Miss Barren County in 2025 and Miss Western Kentucky State Fair in 2024, which earned her a trip to the state fair pageant in January. She also held titles as Miss PreTeen and Miss Teen at the Crittenden County Fair.

She earned a psychology degree with a minor in criminal justice from Murray State University in 2023.

Her path to the stage began in kindergarten when she begged her mother, Christie Howell Puckett, to let her enter a pageant. Though she was extremely shy, she said, the experience brought out a new confidence that continues to drive her.

"I just feel like a completely different person on stage," she said. "It brings out a different side of me."

Contestants in the Miss USA system, open to women ages 18-28, are judged on interview, swimsuit, evening gown and on-stage question. Preliminary rounds take place Friday night, with the top finalists competing in Saturday night's final show.

Martin's preparations include professional hair and makeup from Lindsay Sizemore of Eddyville.

Streaming information for the event can be found on her Facebook page or on [pageantvision.com](http://pageantvision.com). Martin is the daughter of Tony Martin and Christie Howell Puckett.

The Crittenden Press

USPS 138-260 / Marion, Ky.



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## Area Deaths

### Morris

Jacqueline “Jacqui” Prowell Morris, 64, of Hopkinsville, formerly of Marion, died at 4 p.m., Tuesday, July 8, 2025 at Tri Star Skyline Hospital in Nashville, Tenn.

She was born on July 15, 1960 in Caldwell County and graduated from Caldwell County High School and Madisonville Community College.

Morris was a Respiratory Therapist and Eco Sonographer at Crittenden Hospital, Caldwell Hospital, Dr. Hall’s office in Princeton and Jennie Stuart Hospital.

An avid gardener, she raised many varieties of plants and flowers and took great pleasure in sharing them with others. She loved planting and nurturing trees to healthy growth. Hopkinsville/Christian County Library was her heaven and she was known to be reading multiple books at any time.

She was a member of Walnut Grove Baptist Church.

Survivors include her husband, Pat Morris Sr. of Hopkinsville, mother, Linda Prowell of Fredonia; daughter, Vanda (Chuck) Adamson of Marion; sons, Cody (Megan) Hunt of Marion, Pat (Kristin) Morris Jr., of Hopkinsville, Tommy (Mandi) Morris of Louisville; brother, Matt (Angie) Prowell of Fredonia; sister, Dorinda (Mack) Workman of Paducah; grandchildren, Hayden Adamson of Marion, Gage Adamson of Marion, Raven Adamson of Morganfield, Chloe Hunt of Marion, Kiley Hunt of Marion, Cutler Hunt of Marion, Lt. Matthew (Makayla) Morris of Dayton, Ohio, Mara Morris of Louisville, Noah Morris of Murray, Riley Simpson Morris of Hopkinsville, Bradley Simpson Morris of Hopkinsville, Andrew Simpson Morris of Hopkinsville and Trent Simpson Morris of Hopkinsville.

She was preceded in



Morris

death by her father Wayne Allen Prowell; maternal grandparents, Jim and Carlton Blackburn; and paternal grandparents, A.O. and Mary Prowell.

Funeral services were Sunday, July 13, 2025 at Morgan’s Funeral Home in Princeton with Bro. Dean Ray and Bro. Mark Faughn officiating. Burial was at Rowland Cemetery in Caldwell County.

Expressions of sympathy may be made in Jacqui’s memory to your local library or animal shelter.

### Jones

Brad Lee Jones, 59, of Marion, died Tuesday, July 8, 2025 at Baptist Health Madisonville.

Surviving are his wife, Janie Jones of Marion; two children, Kayla Jones of Sturgis and

Bradlee Jones of Marion; a stepdaughter, Brit-tany Day of Marion; e i g h t grandchildren, Miley S n e a d , Tori Conger, Grayson Fox, Bentley Fox, Brody Fox, Alexis Jones, James Fenwick and Kamdyn King; his mother, Peggy Jones; a brother, Larry (Judy) Jones; three sisters, Valerie (Marshall) Brantley, Beverly (Paul) Davis and Jualie (Randy) Cowsert; a brother-in-law, Mike Byford; and several nieces and nephews.

He was preceded in death by his father, Junior E. Jones; a stepson, Dustin Fox; a sister, Diana Byford; and father-in-law, J.C.Johnson.

Services were Sunday, July 13 at Gilbert Funeral Home.

Memorial donations may be made to the Brad Lee Jones Family, c/o Gilbert Funeral Home, 117 W. Bellville St., Marion, KY 42064.

### Moore

Joan Adelle Moore, 88, of Fredonia, died Thursday, July 10, 2025 at Rivercrest Place in Paducah.

Surviving are her sons, Thomas L. Moore of Douglasville, Ga., Patrick Moore of Fredonia and

Robert Moore (Maria) of Oswego, Ill.; daughters, Julie Jones (Andy) of Fredonia and Lisa Moore of Atlanta, Ga.; a brother, Michael Kurjan (Sharon) of Youngstown, Ohio; grandchildren, Nicole Myer, Ryan Arasi, Daniel Moore, Kyle Moore and Jack Moore; great-grandchildren, Kruz Preciato, Logan Moore and Genieve “Evie” Moore; and two great-great-grandchildren.

She was preceded in death by her husband, Marion L. Moore Jr.; a daughter-in-law, Niki Moore; two brothers, Ted Brooks and John Kurjan; and her parents, John and Helen Kurjan.

A Celebration of Life will be held at 2 p.m., Saturday, July 19 at Fredonia Cumberland Presbyterian Church with a reception to follow in the activities building.

Goodman Funeral Home is in charge of arrangements.

### Butler

William Gerald Butler, 84, of Salem died July 8, 2025. He was born Dec. 31, 1940 and was known to everyone as Gerald or simply “GB.”

Throughout his life, Butler was the embodiment of dedication and service. After nearly 40 years of devotion to S a l e m Telephone Company he retired, devoting his time to family, church and community.

A lifelong member and deacon of Salem Baptist Church, his faith was the cornerstone of his character. He guided others with gentle wisdom, always ready with a kind word or helping hand.

Off the clock, he could often be found on the golf course or cheering on his beloved Kentucky Wildcats basketball team.

Surviving are his wife of 64 years, Donna Porter Butler; his daughter and son-in-law, Jada Lee and Brian Lee McDaniel of Lebanon, Tenn.; granddaughter, Francesca Scout McDaniel of Lebanon; and nieces and nephews.

He was preceded in death by his daughter, Johnna Vic Butler, a sister and a brother-in-law,



Jones



Butler

Jo Frances and Bill Hailley, and his parents, William B. Butler and Geraldine Butler.

Funeral services were at Boyd Funeral Directors in Salem July 14.

Memorials may be made to Salem Baptist Food Pantry.

### Osborne

Glenda C. Osborne went home to be with the Lord on Thursday, July 3, 2025. She was the eldest child born to the late Carlyn C. Childress and Verna C. Childress on Nov. 4, 1935 in C o b b .

Raised primarily in Caldwell County, she graduated from Fredonia High School and was recruited by the Federal Bureau of Investigation at age 17. She accepted the position and relocated to Washington D.C., where she worked for a few years and during which time she met and married her beloved husband, Allen. They were married in the New York Avenue Presbyterian Church in August of 1954. Their marriage was blessed with two daughters and one son. They relocated to Kentucky after Allen’s military service ended.

Osborne’s life was dedicated in service to her Savior. She was a founding member of Emmanuel Baptist Church and was a driving force in young women’s programs, the Women’s Missionary Union and Youth Programs. She was instrumental in the development of youth mission trips and many of the community youth saw her as a mentor and advocate they could trust. During her life, she also served at other churches



Osborne

including Baptist Missions in both Louisiana and Wisconsin. Wherever she found herself, she found a way to serve Jesus. She loved being a Sunday School teacher and served in that role at several churches for decades, studying tirelessly in order to present God’s Word to the innumerable women and youth who were privileged to sit under her teaching. Despite her advancing years, she taught at her last church home at Liberty Baptist Church in Caldwell County. Many of those she taught still maintained a relationship with her over her lifetime which was a blessing to her.

Surviving are a sister, Sue Son of Ballard County; two daughters, Cathy (John) Barnett of Benton and Jo (Philip) Kinchington of Clearfield, Utah; eight grandchildren, Matthew Wytten-

bach, Libby Taylor, Ashley Osborne, Anna Taylor, Haley Osborne, Taylor Osborne, Ryann Osborne and Kayleigh Kinchington; five great-grandchildren; and many nieces and nephews.

In addition to her parents, she was preceded in death by her husband, Allen Osborne, a son, Eric Osborne; and a brother, Rev. Gary Childress.

She leaves a legacy of service that carries on through those whose lives she touched and influenced. She will be missed, but comfort comes from knowing she is now reunited with many loved ones in the presence of the Lord.

Graveside services were Monday, July 7 at Cedar Hill Cemetery with Bro. Chris Childress officiating. Morgan’s Funeral Home was in charge of arrangements.

*Paid Obituary*

#### Community Calendar

Call (270) 965-3191 to share your organization’s event

**Thursday, July 17**

- New Beginnings will offer activities from 10 a.m.-noon at the Caldwell County Public Library.
- Line dancing begins at 9:30 a.m., at the Crittenden County Senior Center.
- Crittenden County Public Library Friends of the Library meet at 6 p.m. in the Library meeting room.

**Friday, July 18**

- An Ice Cream Social will be held at New Beginnings’ office in Salem from 1-2:30 p.m.



Crittenden County  
Animal Clinic

#### SURGICAL PROCEDURES

Crittenden County Animal Clinic performs surgical procedures including spays, neuters, a variety of small animal surgeries castrations, enucleations, lacerations, dentals and extractions.

Dr. Elizabeth A. Maddux • Dr. Michelle Hughes  
3841 US Hwy. 60 West, Marion, KY 42064  
(270) 965-2257

When you need a  
**FAMILIAR,  
FRIENDLY**  
face, we’ll be there.



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Gilbert Funeral Home

117 W. Bellville Street • Marion, KY 42064 • (270) 965-3171

Visit us online at [gilbertfunerals.com](http://gilbertfunerals.com)

for information on obituaries, funeral arrangements, pre-need arrangements and background information about the funeral home.

## HOMES

Continued from page 1

profit has acquired seven downtown properties and cleared several aging buildings to make way for a 10,400-square-foot multipurpose facility on Main Street.

The new facility will include a supported employment training center, community room, public café and 10 offices. It will also serve as the future home of CRH’s administrative operations. According to a cost analysis by PFGW Architects of Paducah, the project is estimated to cost just under \$4.8 million.

“We believe the individuals we serve and the community we belong to are worth this investment,” said Braden Locke, marketing and fundraising manager for CRH. “Dream Big reflects our

commitment to empowering individuals with intellectual and developmental disabilities and creating opportunities for them to thrive as respected citizens.”

Headquartered in Salem, CRH is a 501(c)(3) nonprofit organization and leading provider of residential and support services for individuals with intellectual and developmental disabilities across the region. CRH programs are designed to support informed life choices, daily outcomes and long-term goals through compassionate care and natural support networks. Its core values are built around ensuring every individual is loved, safe, happy, healthy and respected.

Community members interested in learning more or contributing to the Dream Big Capital Campaign can visit [www.dreambigsalem.org](http://www.dreambigsalem.org).

commissioner for sale of the property. The sale will be conducted under the direction of Master Commissioner Rebecca Johnson. Although a firm date has yet to be set, the sale is expected fairly soon.

True Value was a long-standing, prosperous business in Marion until the Clarks purchased it in the spring of 2022. About a year and a half later, in the early fall of 2023, Clark’s True Value and lumberyard permanently closed.

On another front, True Value Company, headquartered in Chicago, filed a commercial breach of contract lawsuit July 29, 2024 in Cook County (Illinois) Circuit Court against Coffe Stores Inc., doing business as Clark’s Marion True Value. The case alleges that the hardware business failed to meet contractual obligations. This action was filed shortly after the Clarks filed for Chapter 7

bankruptcy protection in federal court.

In the Illinois lawsuit, True Value appears to be pursuing damages or recovery outside the bankruptcy process, potentially targeting co-defendants or assets not shielded by the bankruptcy discharge. Listed as defendants are Coffe Stores Inc., Gabehart and TV Cooperative Company, which is a minority shareholder in True Value Company LLC and provides governance and oversight to its partners.

The City of Marion has recently cited the Sturgis Road property for ordinance violations, alleging that it is unkempt. An extensive amount of delinquent property tax also exists on the building and property. Once sold at public auction, those tax liens will be settled by the master commissioner before other creditors are paid.

## SALE

Continued from page 1

estimated the real estate value of their two hardware stores at \$2.2 million. The Madisonville location was sold in June at a court-ordered public auction. The sale price was \$258,000. According to the Clarks’ bankruptcy filing, they had valued the Madisonville store at \$1.3 million. Mortgage holders will share proceeds of the foreclosure sale once tax liens are satisfied.

The Clarks, who reside in Madisonville, bought the longtime Marion business from Connie Gabehart, whose parents were Wendell and LouElla Coffe, who started the business decades earlier.

In March, Circuit Judge Daniel Hedy granted a default judgment in favor of Blyne Bank and referred the matter to the master

MARION

SHOW and Shine

CAR SHOW

2025  
SHOW  
DATES

July 24  
Aug. 28  
Sept. 25

5:30-7 p.m.  
Fourth Thursday Every Month  
May—September  
Marion Commons  
at 213 S. Main St.

Register at each show to  
**WIN \$500**  
to be drawn at the  
September 25th Show

Sponsored by  
City of Marion Tourism  
Commission



# 10 indictments handed down in Smithland

STAFF REPORT

Livingston County Grand Jury last week indicted 10 individuals on a variety of felony charges, mostly stemming from illegal drugs. An indictment is a formal charge by a grand jury and does not imply guilt. All defendants are presumed innocent until proven guilty in a court of law.

•Jimmy R. Francis, 43, of Marion was indicted on a felony charge of flagrant non-support.

•Deagan R. Dukes, 21, of Smithland was indicted on a felony charge of second-degree fleeing or evading police and misdemeanors for reckless driving and racing a motor vehicle on a public highway. The charges stem from an investigation in April.

•Lawrence B. Ellis, 57, of Grand Rivers was indicted on a felony charge of first-degree possession of a controlled substance (methamphetamine) and misdemeanor charges of possession of drug paraphernalia and possession of marijuana by complicity. The

LIVINGSTON COUNTY

GRAND JURY

charges stem from a May 1 investigation in which law enforcement executed a search warrant at a home on Depot Road in Grand Rivers and allegedly found evidence to support the citation.

•Monnie S. Reed, 48, of Oil Springs, Ky., was indicted on a felony charge of first-degree possession of a controlled substance (methamphetamine) and misdemeanor charges of possession of drug paraphernalia and possession of marijuana by complicity. The charges also stem from the May 1 search of a home on Depot Road in Grand Rivers.

•Bonnie Jo Redd, 59, of Kut-tawa was indicted on a felony charge of first-degree possession of a controlled substance (methamphetamine) and two misdemeanor counts of possession of a legend drug and possession of drug paraphernalia. Court records indicate that on April 28 deputies arrived at a home on Megan Drive to conduct a follow-up

investigation related to an unrelated case. There, they found Redd and another individual outside the residence. Deputies learned that Redd, who was on probation, was in the presence of a convicted felon, a violation of the conditions of her parole. Deputies allegedly found evidence in her vehicle and among personal belongings that led to the charges.

•Anthony Loyd Wallace, 66, of Smithland was indicted on felony charges of first-degree possession of a controlled substance (methamphetamine) and possession of a controlled substance (Oxycodone); and lesser charges of careless driving, DUI, possession of marijuana, possession of a controlled substance not in its original container and possession of drug paraphernalia. Court records show that on April 24, law enforcement observed a red 2000 Dodge Durango allegedly traveling in a careless manner southbound

on U.S. 60 West near Ledbetter. Following a traffic stop, authorities charged Wallace with the above violations.

•Eva Isabell Carroll, 50, of Carrsville was indicted on felony charges of second-degree trafficking in a controlled substance (more than 10 mushrooms) and first-degree trafficking in a controlled substance greater than 2 grams (methamphetamine), and misdemeanor charges of possession of marijuana and possession of drug paraphernalia. Officers assisting probation and parole on May 12 made contact with Carroll at a home on Third Street in Carrsville, where they allegedly found drugs and other evidence to support the charges.

•Hushton Remington Burton, 41, of Salem was indicted on felony charges of first-degree possession of a controlled substance (methamphetamine) and misdemeanor charges of second-degree possession of a controlled substance (Suboxone), possession of drug paraphernalia and a violation for no

or expired registration plates. The charges stem from a March 5 traffic stop in Ledbetter on U.S. 60 West. Investigators allegedly found drugs and other evidence in the vehicle or on Burton's person.

•Zachary Quinn Marlar, 37, of West Paducah was indicted on a felony charge of second-degree burglary and lesser charges of second-degree criminal mischief, fourth-degree assault and public intoxication. On May 21, authorities were called to an apartment complex in Ledbetter in reference to a disturbance. They allegedly found Marlar under the influence of an intoxicating substance. The police report alleges that Marlar had unlawfully entered a neighboring apartment, caused property damage and assaulted a family member.

•Gregory B. Wiley, 48, of Paducah was indicted on a felony charge of second-degree terroristic threatening stemming from an incident on May 6.

CRITTENDEN COUNTY

CIRCUIT COURT

## Meth dominates court's docket

STAFF REPORT

A fairly short docket was before Crittenden Circuit Judge Daniel Heady last week in Marion. Following are dispositions of cases heard by the judge.

•Richard Rozwalka, 42, of Salem pleaded guilty to two felony charges of facilitation to manufacturing methamphetamine and second-degree burglary. He was sentenced to two years on the meth charge and five years for burglary, with the time to run consecutively for a total of seven years. Misdemeanor charges of possession of burglary tools and possession of drug paraphernalia were dismissed. On recommendation from the commonwealth, Rozwalka was granted probation for five years with conditions, including continued enrollment in a substance abuse program.

Rozwalka and others were charged in May 2024 when authorities located a so-called "shake-and-bake" meth operation at a residence in rural Crittenden County.

•Michael Travis, 44, of Marion pleaded guilty to a charge of first-degree possession of a controlled substance (methamphetamine) and received a three-year sentence probated for five years. Police records indicate that probation and parole officers were searching for an alleged missing woman when they went to a home on Ky. 295 in rural Crittenden County on the morning of Oct. 29. There, they found Travis and the woman. Travis was found to be in possession of a bag containing methamphetamine.

•Allison D. Robinson, 25, of Marion pleaded guilty to a felony charge of first-degree possession of a controlled substance (methamphetamine) and misdemeanor charges of second-degree possession of a controlled substance and possession of drug paraphernalia. She was sentenced to three years on the felony drug charge and 365 days on each of the misdemeanors, with the time to run concurrently. The sentence was probated for five years with conditions. According to court records, a deputy was preparing to transport Robinson to the jail on another matter and warned her about taking contraband into the detention center. She told the officer about a syringe in her bra. Three syringes were found inside her clothing and, according to the citation, she admitted that meth was inside the syringes.

•Tonya Newcom, 51, of Marion admitted to violating terms of her probation and was ordered back to rehab and sanctioned 30 days with credit for time served. She was on probation for a drug conviction.

## Two indicted on felonies in Marion

STAFF REPORT

A Crittenden County grand jury last week handed down indictments against two individuals, continued one case and dismissed two others with no-true bills.

A grand jury does not determine guilt or innocence. It merely decides whether enough evidence exists to continue prosecution of a felony case in circuit court.

Indicted last Thursday were the following:

•Devin Michael Souvongkham, 30, of Marion was indicted in two cases. In the first, he faces a felony charge of first-degree criminal mischief and misdemeanors for DUI, driving on a DUI-suspended license, leaving the scene of an accident, and failure of non-owner operator to maintain required insurance. He is accused of huffing or inhaling fumes and vapors from an air duster can (canned air) on June 21, then operating a white Jeep in the Darben Plaza parking lot, where he allegedly crashed into the front of the Dollar Tree build-

CRITTENDEN COUNTY

GRAND JURY

ing, causing more than \$1,000 in damage. The police report alleges that Souvongkham then drove away from the scene without notifying anyone inside the building. Witnesses observed the alleged crash, according to testimony in court last week during the defendant's arraignment.

In a second case, Souvongkham faces a felony charge of theft of a controlled substance and four misdemeanor charges for theft of contents from a vehicle and two counts of second-degree criminal mischief. Those charges stem from a spate of incidents on June 8, during which Souvongkham and another, yet unnamed individual, allegedly entered four unlocked vehicles on Rochester Avenue, taking items including money and a prescription bottle of Xanax.

•Christopher Terpstra, 31, of Marion was indicted on a felony charge of first-degree possession of

a controlled substance (methamphetamine); misdemeanors for possession of marijuana, possession of drug paraphernalia, DUI, and resisting arrest; and traffic violations for failure to wear a seat belt and reckless driving.

The charges stem from a complaint of an erratic driver on U.S. 60 before noon on May 19. Sheriff Evan Head initiated a traffic stop after observing similar driving when he encountered the Honda vehicle. Terpstra was "moving about erratically in the vehicle" as the sheriff approached the car, the citation says. It also indicates that the sheriff received minor injuries when the suspect allegedly resisted arrest. The sheriff's report said he discovered syringes, a straw and a pipe with drug residue. Additionally, the citation says that Terpstra had outstanding warrants at the time.



Newly elected and existing members of the Crittenden County Chamber of Commerce board of directors are (from left) vice president Dana Hayes, Charlie Day, Wayne Winters, treasurer Rose Dempsey, president Rebecca Woodall, Andrea Lovett, Tiffany Blazina and Steve Watson. Not pictured is Grant Rogers.

## Chamber has new prez, many plans

STAFF REPORT

Crittenden County Chamber of Commerce covered a packed agenda during its monthly meeting Tuesday, highlighting several upcoming events and celebrating recent regional accomplishments.

The Chamber recently installed a new president, Rebecca Woodall, and treasurer, Rose Dempsey.

The Chamber has scheduled its annual fall leadership breakfast for Sept. 3 and the fall gala for Oct. 25 at Fohs Hall. Both events aim to spotlight local business leaders and engage the community in economic and civic development.

A free Family Fun Night is also planned for Aug. 1 at the Crittenden County Lions Club Fairgrounds. The event, designed as a family-friendly evening between the July 26 truck and tractor pull and the Aug. 2 demolition derby, will include free admission and activities such as face painting and a dunking booth. Businesses and organizations interested in participating can contact Matt Tinsley at (270) 704-1477.

In other news, the Chamber recognized two local graduates of the Leadership West Kentucky program. They are Tiffany Blazina and Chasta Champion. The five-month regional initiative, organized by the West Kentucky Chamber Alliance,



City Administrator Diane Ford-Benningfield administers the oath of office to Chamber treasurer Rose Dempsey and president Rebecca Woodall.

draws participants from 12 counties and includes networking and site visits to industries and attractions throughout western Kentucky.

Crissy Bush, speaking on behalf of the West Kentucky Educational Cooperative, informed the Chamber that although the organization no longer maintains a full-time office in Marion, it has added five counties to its now 20-county service area. GED services will remain available in Marion by appointment at the National Guard Armory. For scheduling, residents

can call (270) 969-1190. The change comes following budget cuts and the retirement of longtime local adult educator Cindy Jenkins.

The Chamber also announced a ribbon-cutting will be held Aug. 4 for a new residential duplex on Chapel Hill Rd. in Marion. Operated by Cumberland River Homes of Livingston County, the facility will house five adults with special needs.

The Chamber's next meeting is scheduled for Aug. 6 at the Welcome Center.

JUNE 2025

Weather Yearbook

Coldest Temp

58.2

Warmest Temp

92.2

Wettest Day

1.92

Tues., June 10

Wed., June 25

Fri., June 13

	2025	2024	2023	2022	2021	2020
Average Temp	76.3	74.5	72.3	74.9	75.3	73.7
Coldest Temp	58.2	49.8	48.9	50.5	51.9	51.5
Hottest Temp	92.2	92.3	96.8	95	92.4	89.6
Precipitation	7.0	4.4	0.8	2.4	4.7	7.15
Wettest Day	1.92	1.21	0.38	1.74	1.44	2.95

■ June rolled through Crittenden County with a mix of summer sizzle and a generous splash of rain. The average high temperature for the month was a warm 84.5°F, while nighttime lows averaged 68.2°F, giving us comfortable evenings after sun-drenched days. The overall average temperature sat at a seasonable 76.3°F. The heat turned up just enough to remind us it's summer as six days topped the 90-degree mark, but not a single morning dipped below 58 degrees. As for rainfall, the month wasn't shy. We collected a total of 7 inches of precipitation, keeping lawns lush, crops content, gravel roads washed out and perhaps a few outdoor plans soggy. The rainfall total was the second most for June over the past 10 years.



# Echoes of Main Street: Past businesses revisited

The history of one of Marion’s favorite Main Street businesses, the Ben Franklin Store, first started out as Pugh’s Variety Store on East Carlisle Street. Charles W. Pugh opened the variety store in March 1928. The specials included saltwater kisses for 9 cents a pound, men’s Cambric shirts at 49 cents, Congoleum door mats for 9 cents each and spring house dresses for 98 cents.



**Brenda Underdown**  
County Historian

*Forgotten Passages*

The franchise was arranged through Butler Brothers in St. Louis. Butler Brothers supplied the stock, and Joe Jones, who worked at the store (but would be the future owner), said he and two others went to the St. Louis warehouse three times a year to buy for the store. It wasn’t until the new year, 1929, that the Ben Franklin franchise was purchased and became the Ben Franklin Store.

In 1932 the Ben Franklin Store moved from its location of Carlisle Street to the Main Street store previously occupied by Stewart Dry Goods. Joe Jones purchased the store in 1936. It was at this location until 1978 when it closed.

Before the depression hit, Jones said there were four clerks and four cash registers in the store. When money got tight and business dropped to nearly nothing, Jones became the only clerk. He said his wife would bring him lunch at the store.

**Going Self-Service**

On June 22, 1956, the Ben Franklin Store, a conventional service store, was going ‘Self-Service.’ The store was being completely remodeled for self-service, featuring all the most modern fixtures and equipment designed for the ease, convenience and pleasure of everybody’s shopping. “It has always been the right of Americans to make their own decisions and choices,” said Mr. Jones, “and this may be the reason for the growing popularity of self-service stores.”

In keeping with a rapidly growing trend, many home-owned Ben Franklin Stores all over America were going self-serve, because folks had proved that they prefer to shop this way. They would rather look around, take their time, just the way they do in a lending library, or in a cafeteria or in a super-market, until they find what they want. The new self-service stores were easy, leisurely convenient and fun to shop.

According to Mr. Jones, this new self-service system was also the answer to all those exasperated shoppers who left their shopping lists at home on the kitchen table. Actually he said, shopping lists may just as well be left there, because each self-service counter is a shopping list in itself. A wide assortment of new popular priced merchandise would be displayed everywhere with every article within easy reach and prices clearly marked.

The shoppers would find self-service shopping very simple. When Mrs. Shopper finds what she wants, she places it in one of the handy lightweight baskets which are provided for her convenience, then brings her basket to the check-out desk when she is through shopping.

Everett Jones, nephew of owner Joe Jones, and his wife, Alberta Jones, became a partner in the local business in 1971. Everett became the sole owner after his uncle was injured in an elevator accident in 1973. Everett and Alberta operated the popular business store until June 1978. At this time Alberta Jones was

the owner of the business as her husband had died the previous year. She said the closing was not brought about by a lack of business and she hated to see Marion without a dime store in town. She stated her reason for closing was that she wasn’t able to handle everything by herself. So after 49 years of good business and service to the community, it closed its doors.

I’m sure many of us remember this wonderful store and all the good memories it brings back as one of the stores on Main Street. And perhaps some still have items that were purchased there. I have a set of beautiful china that was purchased at the Ben Franklin Store and it is now over 50 years old. I never look at it displayed on my kitchen shelves without thinking of the day that it was purchased all those years ago.

**Rose Cleaners**

Rose Cleaners’ history doesn’t date back as far as the Marion Dry Cleaners, for it was started in 1934.

Mr. Guy Rose was born in Elizabethtown, Ill., and came to Marion soon after his discharge from the Army in 1933. At that time he purchased Marion Dry Cleaners, a business which has since borne his name (this was another cleaning business and not the one on Carlisle Street).

April 6, 1934 – Guy Rose installs a dry cleaning plant.

The new dry cleaning plant now being installed by Guy C. Rose will be in operation tomorrow, April 7, 1934. It is being installed in the Crittenden Hotel Sample Room, behind the Woman’s Club Building.

According to Mr. Rose the new plant is the very



**Alan Huffman is seen getting ready to make a home delivery for Rose Cleaners, which was located where Louise’s Flowers is today.**

latest type. It is a “Bowler System” and will clean quickly and effectively. The main feature of the new cleaning plant for Marion will be the one-day service. This convenience will be something new for Marion patrons.

Mr. Rose is making a special announcement during the week by giving a cedarized moth-proof bag with every heavy garment cleaned during that time. These bags will keep your garment in perfect condition until next fall.

Robert McMican joined Rose Cleaners in 1946. Sometime during this time they moved to the location on North Main Street. In 1956 Guy Rose, senior partner and founder of the business, died. Robert along with his wife Alberta, continued the business until retirement in 1968. Rose Cleaners closed its doors in 1990.

I remember the home deliveries that this business provided. When I was living and growing up in the community of Crayne, I remember on a certain day of the week, my mother would hang clothes on the front porch by the door, and this would be the sign for Mr. McMican to stop and pick up the items that needed cleaning. The clothes, all cleaned and pressed and in a Rose Cleaners bag, would be brought back and delivered to our house the

next week. As my mother didn’t drive this was really a help to her having the pick-up and delivery each week. Just another little piece of our past that is almost forgotten, and a service that is hard to believe was actually provided.

**Marion’s Dry Cleaners**

The history of Marion Cleaners has a longer history, actually dating back to 1911. In Nov. 1911, an ad appeared in The Crittenden Press for the business on the Busy Bee Block, which is now Carlisle Street. It shows Loren Yates, Pressing, Cleaning and Repairing.

April 11, 1924 - Mr. L. E. Yates, proprietor of the National Dry Cleaners, has moved his pressing and hat blocking business from the Concrete building to the old post office building, where he has ample room to conduct his increased business. Mr. Yates has recently added to his equipment a hat cleaning and blocking machine and is now prepared to do any business in the cleaning and pressing field.

In February 1946, The Press announced that Marion Dry Cleaners, successors to Yates Tailor Shop, a.k.a. The National Dry Cleaners, would be operating under new management, with the same staff of skilled employees, but new owners



**The Ben Franklin Store on Main Street was a popular and favorite store in town.**

were Ronald and Ralph Hicklin and Gray Alvis. Thus began the long and successful Marion Dry Cleaners business.

In 1991, Tink and Ralph sold the business to Paul Vaughn, but they both continued to work there until Ralph’s health forced him to quit that year.

In October 2008 Frank Pierce purchased the business from Paul Vaughn, and in January 2009 changed the name to Coach’s Cleaners. Be-

tween the time of Aug. 2013 and Feb. 2014 other people tried to keep the business running, but in January 2015, the store closed for good.

This now historic business finally had to close its doors to the sign of the times, fewer types of material that have to be dry cleaned and the high cost of materials that it takes to run a cleaning business.

These are just three of the well-remembered businesses that our older generation recalls with fond memories of how downtown Marion used to be, with its many businesses and the people that ran them.

*(Brenda Underdown is chair of Crittenden County Historical Society and a member of Crittenden County Genealogical Society. Much more local history can be found at OurForgottenPassages.blogspot.com).*

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**NEW! Crittenden County, KY – 2 Acres - \$219,900.00**  
Charming 2BR, 1.5BA with tons of light, a big deck for sweet tea sippin', insulated garage, and a white picket fence. Cozy, bright, and full of southern charm!

**NEW! Crittenden County, KY – 13.42 Acres - \$669,500.00**  
This stunning hobby farm offers the perfect blend of comfort, space, and functionality in a quiet rural setting. Includes a 6-bedroom, 4-bathroom home, two-car attached garage, two shops and a barn.

**NEW! Crittenden County, KY – 63.46 Acres - \$239,900.00**  
This well-rounded hunting tract offers a strong mix of habitat types and features ideal for whitetail and turkey enthusiasts. Includes 13+/- acres of open ground!

**REDUCED! Crittenden County, KY – 20 Acres - \$65,000.00**  
This property offers an exceptional blend of features tailored for deer and turkey hunting enthusiasts. The landscape is marked by areas of exposed rock that add a rugged charm and unique character.

**REDUCED! Crittenden County, KY – 30 Acres - \$112,500.00**  
This diverse hunting property offers an exceptional blend of varied terrain and habitat types, made even more unique by its history as an old quarry.

**Crittenden County, KY – 2.28 Acres - \$244,900.00**  
This charming 4-bed, 2-bath home in Crittenden County features a partially finished basement, 2-car garage, large deck, and above-ground pool. Perfect for southern living with modern comfort!

**Crittenden County, KY – 70 Acres - \$244,900.00**  
Located less than a mile from the Ohio River, this exceptional hunting property offers a diverse blend of habitat types, making it ideal for deer, turkey, and waterfowl hunting.

**Crittenden County, KY – 80.92 Acres - \$307,500.00**  
With plenty of edge and transition cover, areas of dense bedding and security cover, and numerous funnels and pinch points, this property is tailored for successful hunting!

**Crittenden County, KY - 115.86 Acres - \$446,000.00**  
Nestled in an area renowned for its big bucks, this diverse hunting tract offers an idyllic setting for both deer and turkey enthusiasts. Includes 31+/- acres of open ground throughout.

**Crittenden & Union Counties, KY – 4,291 Acres – OFFERED IN MULTIPLE TRACTS – CONTACT AGENT!**  
With various landscapes, fantastic habitat variations, proven history, and multiple lodges with various improvements, this is your chance at a once in a lifetime opportunity! A part of this listing is under contract – contact agent.

**Livingston County, KY – 147.7043 - \$565,000.00**  
This exceptional hunting tract serves as a main travel hub for wildlife, featuring an extensive creek network that enhances its habitat diversity. Features an established trail system throughout!

**Livingston County, KY – 88 Acres - \$288,200.00**  
**Livingston County, KY – 105 Acres – \$357,000.00**  
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**Livingston County, KY – 161 Acres - \$547,400.00**  
**Livingston County, KY – 353 Acres - \$1,129,600.00**  
**Livingston County, KY – 718 Acres - \$2,243,750.00**  
**Livingston County, KY - 989 Acres - \$3,016,450.00**  
These tracts are part of a trophy-managed hunting community designed for like-minded hunters dedicated to growing and hunting mature deer.

**PENDING! Crittenden County, KY – 10 Acres – \$59,900.00**  
This tillable acreage offers investment opportunity with 10+/- tillable acres ready for agricultural production.

**PENDING! Crittenden County, KY – 55.79 Acres - \$299,000.00**  
This unique combination tract offers the best of both worlds—an established equestrian setup with excellent deer and turkey hunting opportunities, all tucked away in a quiet, secluded landscape.

**PENDING! Crittenden County, KY – 117 Acres - \$575,000.00**  
This phenomenal hunting property offers outstanding opportunities for deer, turkey, and waterfowl enthusiasts, making it a must-see for the avid outdoorsman. Includes 44+/- acres of open ground!

**PENDING! Crittenden County, KY – 129.52 Acres - \$679,000.00**  
This scenic and versatile farmstead offers a rare opportunity to own multiple homes and a well-rounded blend of agricultural, recreational, and residential amenities!

**SOLD! Crittenden County, KY – 193 Acres - \$799,000.00**  
Whether you're a seasoned hunter or looking for a tranquil retreat, this diverse tract delivers a perfect balance of functionality and natural beauty. Includes 32+/- tillable acres and established food plots!

**SOLD! Crittenden County, KY – 253 Acres - \$1,125,015.00**  
This property offers many different uses. With established pasture and tillable ground, this tract offers exceptional farm potential while offering great hunting along the Tradewater River.



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**Rocket Tire breaks ground at Marion crossroads**

New construction is rising at one of Marion’s busiest intersections. Contractors have begun work on footers for Rocket Tire, which is relocating from the north side of town on Sturgis Road to the corner of Main and Gum streets — the confluence of Ky. 91, U.S. 60 and U.S. 641. Owner Kent Martin said the move allows H&H Home and Hardware to expand its lumber yard. Once complete, Rocket Tire will offer a quality line of new tires and other automotive services.

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# Blessed are the meek

The planet we inhabit is full of heroes and leaders that only a handful of people will ever know. The few stories that I have heard from amazing people who have thrived in the face of overwhelming odds makes me feel honored to be in their presence. These are people who understand the implications of their actions for their children. They are people who do not make excuses. They hold themselves and their families responsible for their actions and reactions.

They, sometimes without knowing it, demonstrate an ability to see beyond themselves and into future generations. They do so without a plan in mind but knowing that whatever happens, they want to do all they can to make the world better for the generations that follow. They are professionals, they work in trades, they work in the fields, and in homes. Some hold doctoral degrees, and others have a third-grade education.

They are among us and yet invisible. We walk past people with incredible stories every day. They are the meek. Some

are not meek because they choose to be. They are meek because the lottery of when and where they were born placed them there. Learning to navigate a world in which one is invisible takes courage and intelligence of a sort that I can only imagine.

I am thinking of one such person today. I only met her a few times, but I will miss her. I find it strange how the passing of people affects me. I think it has to do with connection. This woman was a connection to a community of people that has worked hard for their children. When a friend of mine wanted to tear down and rebuild a school, she was the one that organized it.

She rallied the community of a few hundred people to tear down an old and unusable school building and prepare the lot for a block structure. I carried buckets of stone and sand with the fathers of those children. When we needed to gather the people, she could get them there within an hour.

This community in the mountains of Honduras has been "adopted" by a

few people and received some sorely needed help. Their kindergarten children were travelling over three miles (by foot) to go to school. She lived across the very unimproved road and was the conduit for the help because she advocated for her people.

There are some things that do not make sense to me and never will. Less than two weeks ago her life was taken by violence. The community feels a deep sense of loss. One of their leaders has been taken from them. I still believe the words of hope that we read in Isaiah and Psalms.

Isaiah 29:18-21 says, In that day the deaf shall hear the words of a book, and out of their gloom and darkness the eyes of the blind shall see.

The meek shall obtain fresh joy in the LORD, and the poor among men shall exult in the Holy One of Israel.

For the ruthless shall come to nought and the scoffer cease, and all who watch to do evil shall be cut off,

who by a word make a man out to be an offender,

and lay a snare for him who reproves in the gate, and with an empty plea turn aside him who is in the right.

Psalm 37:10-11 sings, Yet a little while, and

the wicked will be no more;

though you look well at his place, he will not be there.

But the meek shall possess the land, and delight themselves in abundant prosperity.

It is important for us to keep in mind that the Bible is written to a people, not a person. When we read that the meek shall obtain fresh joy, it is important to remember that. Meekness never means weakness – whether that meekness comes from humility with strength or one is born into it. Meekness looks beyond oneself and to a future that is promising for the generations to follow.

One of the tweaks that I make to the Beatitudes is to think of the word "blessed" as "honored." My generation, and those that followed will sometimes weaken these powerful verses by thinking of blessed as happy and converting it to a list of things we must do to be happy. I rather think of this as Jesus encouraging his followers to honor those who have such characteristics. "Honored are the meek, for they shall inherit the earth."

Her name is Maritza de Jesus Vasquez – honored.

*Dr. Sean Niestrath is a minister in Madisonville, Ky. He holds a doctoral degree in ministry. You may contact him at sean.niestrath@outlook.com.*

## Ask the Pastor

By Bob Hardison



## Explaining who Jesus is

**Question:** During our work lunch break, some discuss religion. One says that Jesus was a wise prophet who lived long ago, but nothing more. I believe in Jesus as my Savior, but I'm not able to say more. Who is Jesus?

**Answer:** Jesus is the Son of God and the second Person of the Trinity. He has all authority and power. John chapter 5 tells us of Jesus healing a man who had been disabled for thirty-eight years. Because He healed him on the Sabbath, a group of Jews questioned His authority. Their questions opened the door for us to see who Jesus truly is.

His response speaks clearly of His authority and power. Jesus answered, "My Father is always at his work to this very day, and I, too, am working," (John 5:17). He called God His own Father. Jesus went on to explain, "The Son can do nothing by himself; he can do only what he sees his Father doing, because whatever the Father does the Son also does. For the Father loves the Son and shows him all he does," (John 5:17,19-20).

Jesus's relationship with

God, the Father, isn't just based on a legal standing but on a standing of love (v.20). The love God has for His Son is the same love that Jesus has for all of us, which is shown at the cross. Jesus's purpose on earth is shown ultimately in His healing of our sickness of sin. Through faith in Jesus, we can rest in His finished work on the cross and have victory today as we share in the life we have in Jesus's resurrection.

Send your questions to: bob@bobhardison.com

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## Religious Outreach

■ Old Salem Baptist Church has a Blessing Box located next to the church at 117 Old Salem Church Rd. Everyone is welcome to take items or place them in the box for others to enjoy.

■ Suicidal thoughts? Stop! Email dbrantpc@tds.net and request a video link that hopefully will change your mind.

■ First Baptist Church of Fredonia food pantry is open from 4-5:30 p.m., third Wednesday of each month in Coleman Hall of the church.

■ Cave Springs Baptist Church between Lola and Joy in Livingston County

offers food 24 hours a day, 7 days week at its outdoor Blessing Box in front of the church.

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Freedom General Baptist Church

87 Freedom Church Rd., Marion, KY

WORSHIP

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Rodney Phelps, Pastor  
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emmausbaptistsalem@outlook.com  
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**St. William Catholic Church**  
  
Sunday Mass 11 a.m.  
Father Jojy Joseph  
860 S. Main St.  
Marion, Ky.  
(270) 965-2477

**Mexico Baptist Church**  
  
Minister of Music Mike Crabtree  
Pastor: **Morgan Smith**  
Sunday Worship Services: 10 a.m. & 7 p.m.  
Sunday Bible Study: 9 a.m.  
Sunday Discipleship Training: 6 p.m.  
Wednesday Worship Service: 7 p.m.  
175 Mexico Rd.  
(270) 965-4059  
MexicoBaptist.org

**DEER CREEK BAPTIST CHURCH**  
  
Sunday Bible Study: 10 a.m.  
Sunday Worship: 11 a.m. & 6 p.m.  
Wednesday Bible Study: 7 p.m.  
Approx. 5 miles from the intersection of Hwy. 60 & Hwy. 297  
Phone: (270) 965-2220  
*"Whatever It Takes"*  
Bro. Jamie Baker

**Emmanuel Baptist Church**  
  
108 Hillcrest Dr., Marion | (270) 965-4623  
Sunday School: 9:30 a.m.  
Sunday Worship: 10:45 a.m., 6 p.m.  
Wednesday Adult Bible Study, Children and Youth Activities: 6 p.m.  
*Captured by a vision...*

**Tolu Methodist Church**  
  
Pastor: David Brown  
*We invite you to be our guest*  
Open hearts. Open minds. Open doors.

**Barnett Chapel General Baptist**  
  
Sunday School: 10 a.m.  
Sunday Worship: 11 a.m.  
Sunday Night Service: 6 p.m.  
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**Freedom General Baptist Church**  
  
Pastor: Ross Atwell  
87 Freedom Church Rd., Marion  
(about 1 mi. from Marion off Ky. 91)  
CHURCH TIMES:  
Sunday School 10 a.m. Sunday Evening 6 p.m.  
Sunday Worship 11 a.m. Wed. Bible Study 6 p.m.

**Marion Baptist Church**  
  
College & Depot streets, Marion • (270) 965-5232  
Pastor: Bro. Aaron Brown • Children's & Youth Pastor: Bro. Shawn Holsman  
SUNDAY MORNING SERVICES: 9 a.m. & 11 a.m., ONLINE 11 a.m., SUNDAY SCHOOL: 10:05 a.m.  
WEDNESDAY: BIBLE STUDY/PRAYER 6 p.m., AWANA FOR CHILDREN & YOUTH GROUPS 6 p.m.  
CHOIR PRACTICE: 6:45 p.m., PRAISE TEAM: 7:30 p.m.

**Crooked Creek Baptist Church**  
  
261 Crooked Creek Church Rd.,  
P.O. Box 442, Marion, Ky. • (270) 704-0914  
Sunday School: 10 a.m.  
Sunday Worship: 11 a.m.  
Pastor, Hank Cayce  
"Come and Worship with Us"

**Crayne Community Church**  
  
Crayne Cemetery Road, Crayne, Ky.  
Bro. James Driver, Interim Pastor  
Sunday Worship 9 a.m.

**FIRST CUMBERLAND PRESBYTERIAN CHURCH**  
  
224 W. Bellville St., Marion, Ky.  
Sunday School 9:45 a.m.  
Sunday Worship 10:45 a.m.  
David LeNeave, Pastor

**PLEASANT GROVE General Baptist Church**  
  
growing in grace  
2 Peter 3:18  
Located on Ky. 723, 4 miles north of Salem  
Sunday School 10 a.m. | Sunday Worship 11 a.m., 6 p.m. | Wed. 7 p.m.

**Marion Church of God**  
  
334 Fords Ferry Road, Marion, Ky.  
Morning Service 11 a.m.  
Sun. Evening 6 p.m. • Wed. Evening 6 p.m.  
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**PINEY FORK**  
  
CUMBERLAND PRESBYTERIAN CHURCH  
Speaker: Greg Rushing  
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Worship 11 a.m.  
Bible study 6 p.m.  
A new beginning, going forward and looking to the future  
Ky. 506 | Marion, Ky.

**Sugar Grove**  
  
Cumberland Presbyterian  
585 Sugar Grove Church Rd., Marion, Ky.  
Sun. School: 10 a.m. | Sun. Worship: 11 a.m. & 6 p.m.  
Wed. Bible Study: 7 p.m.

**Marion Methodist Church**  
  
We love intensely, believe deeply, and pray zealously  
SUN: Sun. School 9:30 a.m.  
Worship 10:45 p.m.  
South College St.

**Frances Community Church**  
  
Bro. Butch Gray  
Worship service:..... 11 a.m.  
Children's Church ages 3 & up ... 11 a.m.  
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**Hurricane Church**  
  
Hurricane Church Rd. off Ky. 135 West  
Pastor: Bro. Danny Hinchee  
Sun. School, 10 a.m. • Worship, 11 a.m.  
Sun. Evening services, 6 p.m.  
Wed. Evening services, 7 p.m.

**Unity General Baptist Church**  
  
4691 Mott City Rd. • Marion, Ky.  
Bro. David Perryman, Pastor  
Sunday School 10 a.m.  
Sunday Worship 11 a.m.

**Marion Church of Christ**  
  
546 West Elm Street • (270) 965-9450  
Sunday Worship 10:30 a.m.  
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# Classifieds The Crittenden Press

The Crittenden Press

125 E. Bellville St.,  
P.O. Box 191  
Marion, KY 42064  
(270) 965-3191

Advertising deadline is 5 p.m., Monday

Prepaid ads of 20 words or less are \$7 for one week, with a 10-cent charge for each word over the initial 20. Run the same ad for consecutive issues for only \$4 each week. Now, all regular classified ads are placed on our Web site, [www.the-press.com](http://www.the-press.com), at no extra charge. You can also reach more than one million readers with one call! Contact the classified department for more information about placing a 25-word classified in 70 newspapers for only \$250. It is the policy of The Crittenden Press Inc., to fully comply with the Fair Housing Act and to never knowingly publish advertisements that discriminate on the basis of race, color, religion, national origin, sex, disability or family status. If you believe an advertisement published in this newspaper is discriminatory, please contact the publisher immediately at (270) 965-3191. All phone numbers listed for ads on this page are within the 270 area code unless otherwise noted.

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(2) 15'x6", 8" I-Beam, \$100. (270) 988-2526. (2t-28-p)

Graco LineLazer V 3900-dual head striper for seal-coating equipment, used one season. \$9,000 OBO. (270) 969-1559. (tfc)

Classified advertising works! Customers tell us they sell their items faster than they expect by listing in The Crittenden Press! Call (270) 965-3191 to post a classified ad.

auto

Build your own off-road vehicle. 1994 Jeep Cherokee Sport 4x4, 4 door with hatchback tailgate. No engine, automatic transmission (transmission still mounted in Jeep), tires still fairly new, plus still has air conditioner with it. \$800. (270) 988-2526. (2t-28-p)

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real estate

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For Sale by Owner: Commercial building located at 73 Nichols Ave., Marion, Ky. 60x100 with heat and air, 2 office spaces and bathroom. Contact (770) 527-0910. \$265,000-Negotiable. Possible owner financing. (4t-27-p)

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bid notice

The Crittenden County Board of Education is accepting sealed bids for OLD LANGUAGE ARTS TEXT-BOOKS. Sealed bids must be submitted to CCBOE at 601 West Elm Street, Marion, Kentucky 42064, by Friday, July 25, 2025 at 1:00 p.m. at which time they will be opened. Please contact the Central Office (270) 965-3525 to obtain a list. Crittenden County Board of Education reserves the right to reject any or all bids. (1t-28-c)

Donations for the upkeep of Old Mt. Zion Cemetery may be sent to: Old Mt. Zion Cemetery may be sent to: Old Mt. Zion Cemetery, % Colleen Harbour, 246 Cotton Patch Rd., Marion, KY 42064. (1t-p)

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NOTICE OF PUBLIC HEARING

The Public Service Commission of Kentucky issued an order on March 13, 2025, scheduling a hearing to be held on August 4, 2025, at 9 a.m., Eastern Daylight Time, in the Richard Raff Hearing Room at the offices of the Public Service Commission located at 211 Sower Boulevard in Frankfort, Kentucky, for Case No. 2025-00045. This is an examination of the Electronic Application of Kentucky Utilities Company and Louisville Gas and Electric Company for Certificates of Public Convenience and Necessity and Site Compatibility Certificates.

This hearing will be streamed live and may be viewed on the PSC website, [psc.ky.gov](http://psc.ky.gov).

Public comments may be made at the beginning of the hearing. Those wishing to make oral public comments may do so by following the instructions listed on the PSC website, [psc.ky.gov](http://psc.ky.gov).

Invitation To Bid

Port Authority Road Repaving Project  
The Eddyville Riverport & Industrial Development Authority (ERIDA) is soliciting sealed bids for the repaving of approximately 4,500 linear feet of Port Authority Road in Eddyville, KY. Work includes asphalt resurfacing, entrance widening at KY Hwy 93, and installation of two-foot gravel shoulders on both sides. All work must comply with the current KYTC Standard Specifications for Road and Bridge Construction, including all applicable supplements.  
Bid documents and specifications may be requested during business hours (Mon.–Fri., 8 a.m.–4 p.m.) by calling (270) 388-9671 or visiting 630 W. Dale Avenue, Eddyville, KY. Bidders must be prequalified C1 Asphalt Paving Option B Contractors. Contact KYTC Construction Procurement at (502) 564-3500 for details.  
Sealed bids must be received by 7:30 a.m. on August 5, 2025, at the ERIDA office, 630 W. Dale Avenue, Eddyville, KY 42038. Bids will be publicly opened at that time. Late submissions will not be accepted.  
A 5% bid bond or certified check is required. A 100% performance bond will be required from the selected contractor within 10 days of award.  
ERIDA reserves the right to reject any or all bids and to waive any informalities in the bidding process.  
Amanda Davenport, Executive Director  
**EDDYVILLE RIVERPORT & INDUSTRIAL DEVELOPMENT AUTHORITY**  
630 W. Dale Avenue, Eddyville, KY 42038  
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## Clerk raising funds for Donate Life

Circuit Clerks of Kentucky are backing the Donate Life mission again this summer by helping raise funds through a statewide raffle, with a new Axis UTV as the grand prize.

The 2025 Summer Raffle benefits the Donate Life Kentucky Trust, a nonprofit founded by the clerks in 1992 to support transplant patients and donor families. Tickets are \$50 and available at [www.donatelifeky.org](http://www.donatelifeky.org). The winner will be drawn at 2 p.m. ET on Aug. 20 during a live Facebook event at @donatelifekentucky.

Melissa Guill, Crittenden County Circuit Clerk, said the raffle continues the group's commitment to ensuring no family faces the donation or transplant journey alone. Hopkins County Circuit Clerk Tanya Bowman helped secure the UTV prize.

Proceeds support programs such as lodging and travel for donor families, care packages for transplant patients, and kidney disease screenings in underserved areas. More than 1,000 Kentuckians are currently waiting for a transplant, and over 2 million residents are registered donors.

## Bingo set for Thursday

A community Bingo fundraiser to support the Crittenden County Senior Center is set for 5 p.m. Thursday, July 17 at the center located at 210 North Walker St.

Organizers are inviting the public to attend the event, which includes a \$10 entry fee and a light dinner. Several local businesses have pledged donations to help make the evening a success.

Proceeds will benefit ongoing programs and services offered by the senior center. Everyone is welcome. For more information, call 270-965-5229.

## Barkley Airport lands flights to Houston, Chicago with SkyWest

According to reporting by The Paducah Sun, the Barkley Regional Airport Authority Board has recommended that SkyWest Airlines be awarded the contract to provide commercial air service under the federal Essential Air Service (EAS) program. If approved by the U.S. Department of Transportation, the agreement would bring dual-destination service to Barkley Regional Airport for the first time, with flights connecting to both George Bush Intercontinental Airport in Houston and Chicago O'Hare International Airport.

SkyWest, a regional partner of United Airlines, would offer flights using the CRJ 550 aircraft, a step up from the CRJ 200 originally proposed. Barkley Regional Airport Executive Director Dennis Rouleau told The Paducah Sun that this newer aircraft, which features first class, economy plus and standard seating, will bring more comfort and reliability to local travelers. Bookings are expected to open in September, with service beginning the first week of December.

SkyWest previously pulled out of a contract offer more than four years ago due to a pilot shortage. However, Luke Schmidt & Associates and consultant for the board, said the issue has been resolved, and the airline is now expanding back into former markets.

The four-year contract also includes a commitment by SkyWest to purchase fuel from Barkley Regional Airport.

The recommendation now awaits approval by the U.S. Department of Transportation.

## Shoe policy is going

Transportation Security Administration is rolling back its decades-long policy requiring passengers to remove their shoes at airport security checkpoints.

The change is already in effect at several major airports in



Maryland, Florida and Oregon, with nationwide expansion expected soon.

The policy was introduced in the wake of a 2001 attempted bombing, when British al-Qaida operative Richard Reid tried to detonate explosives hidden in his shoes on a flight from Paris to Miami. Shoe removal became mandatory by 2006 due to limited screening technology at the time.

TSA officials have not specified which technologies are behind the shift but cite advances in millimeter wave and computed tomography (CT) scanning, which can detect non-metallic threats more effectively.

The move is expected to improve the passenger experience and reduce wait times — especially for families, seniors and travelers with disabilities. However, it may weaken the appeal of TSA PreCheck, a paid program that had allowed expedited screening without shoe removal.

Unlike the U.S., most countries never adopted mandatory shoe removal, relying instead on advanced scanners and behavioral screening.

The TSA said it will continue evaluating the change and expand the relaxed screening measure to additional airports in the coming weeks.

## McDaniel completes entrepreneur program

Crittenden County High School senior Elle McDaniel has successfully completed the highly competitive Governor's School for Entrepreneurs (GSE), a three-week program designed to inspire innovation and business leadership among Kentucky's youth.

Held this summer at the University of Kentucky, GSE welcomed only 160 rising sophomores, juniors and seniors from across the state. McDaniel was among the select group chosen after submitting a 90-second introductory video, an online application and two teacher recommendations, each reviewed by a panel of entrepreneurs, educators and business leaders.

During the program, participants – referred to as “Es” – were placed in teams of five to develop and pitch a startup business model addressing a real-world need. McDaniel and her teammates not only created a unique business plan, but also delivered a final pitch presentation at the close of the session.

Throughout their time at GSE, students were guided by mentors and inspired by notable guest speakers, including Gov. Andy Beshear and Lt. Gov. Jacqueline Coleman. The program also opens doors for college scholarships, as many GSE alumni are eligible for millions in aid offered by participating Kentucky institutions.

McDaniel was awarded a Certificate of Entrepreneurship at the program's conclusion.

## Purse sells for \$10.1M Paris, France auction

A prototype of the original Hermès Birkin bag sold last week in Paris, France for approximately \$10.1 million at Sotheby's, setting a new world record for the most expensive handbag ever auctioned.

The black leather bag, featuring gilded brass hardware, a nondetachable shoulder strap and the initials of actress Jane Birkin, was purchased by a Japanese private collector in less than 20 minutes.

The iconic handbag was born in the 1980s when Birkin described her ideal carryall to Hermès CEO Jean-Louis Dumas during a chance meeting on a

flight. The pair famously sketched the design on an air-sickness bag.

Now a global symbol of wealth and exclusivity, new Birkins typically range from \$10,000 to \$60,000 and are sold only to select clients after years on a waitlist. Considered investment pieces, Birkins have reportedly appreciated an average of 14.2% annually. Each is handmade by a single artisan and takes at least 18 hours to complete.

## Rest of the Story: Gordon Guess book

An article in last week's printed edition of the newspaper about a book authored by Marion's Gordon B. Guess did not include its conclusion. The jumpline included the following, Guess graduated from Vanderbilt University and moved into his career in banking and interests in politics. A vast number of local individuals are mentioned in the book as Guess recalls stories and events in Marion and beyond.

Copies will soon be available through Barnes & Noble. A copy will also be placed in the Crittenden County Public Library.

## Fredonia planning August 8 parade

The annual Fredonia Valley Parade is scheduled for Friday, Aug. 8 at 6 p.m., with organizers calling for participants of all kinds.

Floats, tractors, antique cars, politicians, ball teams and pageant winners are all welcome to take part in the celebration.

## Burna legion will honor deceased members Sunday

American Legion Post 217 in Burna, Kentucky is hosting a Charter Draping Ceremony to honor recently deceased members.

The veterans being honored include Guthrie Brooks, Harold Marshall, Larry Porter, Rell Peck, Robert Bradford and Tom George. The ceremony will be at 2 p.m., Sunday, July 20 at the post in Burna. All family and friends are invited to attend.

## Local students earn degree from KYWC

Several students from western Kentucky have earned degrees from Kentucky Wesleyan College in Owensboro.

Graduates from the region include:

**Caldwell County**  
Tate Vanhooser, cum laude, Communication Arts  
Blake Vivrette, cum laude, Business Administration

**Crittenden County**  
Samuel Greenwell, Business Administration  
Elijah Moss, Exercise Science

**Hopkins County**  
William Curtis, Music (Voice)  
Jailyn Strine-Basham, Psychology

**Henderson County**  
Maegen Niemeier, Graphic Design  
Caitlyn Honeycutt, cum laude, Health Sciences

**Union County**  
Gabriel Adams, Sports Management  
Allison Bunner, Zoology  
Joseph Cambron, Exercise Science

**Webster County**  
Jacelyn Deibler, cum laude, Middle Grades Education  
Jaxen Miller, summa cum laude, Political Science/Criminal Justice and Criminology

Kentucky Wesleyan, founded in 1858, is a United Methodist-related liberal arts college in Owensboro offering 29 majors and 13 pre-professional programs.

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## 50 YEARS AGO

### July 17, 1975

■ Members of the Crittenden County Hospital Board, Dr. R.M. Brandon, Dr. Stephen Burkhart, Brad Lanham, Elder Bill Hunt and Rev. Wendell Hurt, were beginning a search to replace administrator David Eisele, who resigned.

■ Harold Grace was hired as the Community Resource Coordinator, a position that fell under the Kentucky Crime Commission, to serve as a representative in court or school cases. Grace performed counseling to students who were subject to expulsion and concentrated on truancy.

■ Local antique dealers, traders and bargain hunters were planning for the second annual Jockey Lot Sale Day sponsored by the Crittenden County Historical Society. The Jockey Lot, located near the former museum on West Carlisle Street, was used for a common market area as far back as 1885.

■ Charlotte Belt and Debbie Thatcher joined the staff of Nu-U Beauty Salon in Marion. Other stylists included Lois Belt and Donna Minton.

■ Sharon K. Stallions was presented a troy ounce of gold from Peoples Bank President Gordon Guess during the financial institution's grand opening celebration.

## 25 YEARS AGO

### July 13, 2000

■ Larry “Bird” Threlkeld became his family's third generation of school board members when he was appointed to the Crittenden County Board of Education. Threlkeld was chosen to fill Donnie Phillips' unexpired term.

■ Bro. Wayne Garvey began his tenure as minister of Marion United Methodist Church. He replaced Rev. Ken Spurrier who was moved to Bardstown United Methodist.

■ Crittenden County native Lee Conrad completed a seven-week internship in Washington, D.C. in U.S. Rep. Ed Whitfield's office.

■ Pony League all stars competing in summer baseball action were Crittenden Countians Tyler Wainman, Jason Guess, Daniel Cherry, Chad Copeland, Ben McMican, Steven Flahardy, Dustin Easley, Derrick Holloman, Corey Winn, Zac Beverly, Jordan Roberts, Matthew Collins. Coaches were Chad Thomas and Jeremy Tackett.

## 10 YEARS AGO

### July 16, 2015

■ After 32 years in the classroom, Larry Duvall retired from his career in the agriculture and industrial classroom at Crittenden County High School.

■ Dr. Steve Crider retired from the dental industry after 35 years in practice.

■ Crittenden County's 8u softball all star team finished second in Cadiz. Members were Mia Hackney, Elle McDaniel, Jaycee Champion, Kayleigh Weathers, Taylor Haire, Elliot Evans, Andrea Federico, Layla Winn, Hannah Mott and Sierra Patrick. The team was coached by Jason Champion.

## 641

Continued from page 1

donia, between the current end of the new 641 segment and its planned path around the community. Most impacted landowners have been aware of the likely right-of-way for several years.

When completed, this innovative 2-plus-1 highway will be the first of its kind in western Kentucky. The road will alternate between two lanes in one direction and one in the other to create periodic passing zones, improving traffic flow and safety while reducing the overall footprint of the road.

The southern portion of the route will cross through more than two miles of state-owned property near the West Kentucky Correctional Complex before tying into U.S. 62 near I-69. Construction could begin as early as 2027 and the new corridor could be open to traffic by 2030.

The state has allocated about \$6.5 million for property acquisition and

another \$31 million for construction. The entire corridor is part of a long-range plan to improve US 641 from Marion to the Tennessee line south of Murray.

Officials say the upgraded corridor will improve safety, enhance travel reliability and support economic growth by enabling the route to handle more commercial traffic. The current highway segment between Fredonia and Eddyville is not certified for large commercial vehicles.

Phase 1 of the project, development of a Super 2-Lane Highway between Marion and Fredonia was completed in 2018 following six years of construction.

The section of US 641 between Marion and Fredonia will be formally dedicated at 2 p.m., July 29 at Crittenden County Office Complex. It will be named for the late Mike Cherry, a former state representative from Princeton, who was instrumental in developing the highway. The event is open to the public.

# The Crittenden Press

USPS 138-260

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[thepress@the-press.com](mailto:thepress@the-press.com)

Chris Evans, editor & publisher

Alaina Barnes, creative design / office manager

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# SportsShorts

## FOOTBALL Rockets 7 on 7 events

Crittenden County High School's football team has begun pre-season workouts. It will be participating in 7v7 scrimmages at Murray State on Friday and at Evansville on Saturday.

## CCMS football practice

Although Crittenden County Middle School football practice has started, coach Ethan Dossett says players may still join the team. Practices are Monday, Tuesday, Thursday and Friday from 5-7 p.m., on campus. For more information, contact Dossett at 270-969-8166.

## BASEBALL Jankowski on the move

Former Marion Bobcat and World Series champion Travis Jankowski has elected free agency after declining an outright assignment to Triple-A Syracuse, according to MLB.com transactions. Jankowski, 34, had been designated for assignment last week by the New York Mets, his third major league club this season. The veteran outfielder has also seen time with the White Sox and Rays in 2025, appearing in 26 combined games with a .244 average in 50 plate appearances. Known for his speed and defensive prowess, Jankowski boasts 104 career stolen bases and has logged more than 3,600 innings in the outfield with strong defensive metrics, 29 Defensive Runs Saved and 32 Outs Above Average.

A journeyman this season, Jankowski has taken advantage of his veteran status to seek opportunities elsewhere rather than accept demotions. This marks the third time this year he has opted for free agency. Jankowski played for the Marion Bobcats in the summer collegiate prospect league before embarking on his pro career. He was part of the Texas Rangers' World Series-winning squad in 2023. With the MLB trade deadline approaching, Jankowski will look to catch on with another club in need of veteran depth and outfield defense.

## OUTDOORS Hunting Seasons

Here are some of the most common hunting opportunities currently in season or coming up:

Bullfrog	May 16 - Oct 31
Coyote night, no lights	July 1 - Nov 30
Squirrel	Aug 16 - Nov 7
Dove	Sept 1 - Oct 26
Crow	Sept 1 - Nov 9
Canada goose	Sept 1 - Sept 15
Deer archery	Sept 6 - Jan 19
Turkey archery	Sept 6 - Jan 19
Deer crossbow	Sept 20 - Jan 19
Early wood duck	Sept 20-24
Teal	Sept 20-24
Turkey crossbow	Oct 1 - Oct 19
Raccoon	Oct 1 - Feb 28
Deer Youth	Oct 11-12
Deer muzzleloader	Oct 18-19
Turkey shotgun	Oct 25-21
Woodcock	Oct 25 - Nov 7
Deer gun	Nov 8-23
Turkey crossbow	Nov 8 - Dec 31
Bobcat trapping	Nov 10 - Feb 28
Squirrel	Nov 10 - Feb 28
Quail	Nov 10 - Feb 10
Rabbit	Nov 10 - Feb 10
Raccoon trapping	Nov 10 - Feb 28
Woodcock	Nov 10 - Dec 10
Coyote trapping	Nov 10 - Feb 28
Bobcat	Nov 15 - Feb 28
Youth waterfowl	Nov 22
Duck	Nov 27 - Nov 30
Canada goose	Nov 27 - Feb 15
Snow Ross goose	Nov 27 - Feb 15
White-fronted goose	Nov 27 - Feb 15
Dove	Nov 27 - Dec 7
Coyote night, lights	Dec 1 - March 31
Turkey shotgun	Dec 6 - Dec 12
Duck	Dec 7 - Jan 31
Deer muzzleloader	Dec 13-21
Dove	Dec 20 - Jan 11
Deer Free Youth	Dec 27-28
Crow	Jan 4 - Feb 28
Youth waterfowl	Feb 14
Coyote daytime	Year Round
Ground hog	Year Round

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Crittenden County coaches and basketball alumni Brian Farmer and Kenny Jackson display a 4x4 piece of the “old” gym floor from the Crittenden County High School campus. Farmer, the new CCMS head basketball coach, and Jackson, the new high school head coach, both played on the floor, which is being pieced out as a fundraiser.

# Old gym hardwood will pay for uniforms

STAFF REPORT

For generations of Rockets, the old gym floor at Crittenden County High School was more than planks of wood, it was a proving ground, a sanctuary and a stage for some of the most memorable moments in local basketball history.

Now, that floor is being sold off in pieces, 4x4-foot squares offered for a minimum donation of \$50. Proceeds will support the middle school basketball program. But what's being exchanged is far more valuable than the wood itself. It's the memories etched into every squeaky board and scuff-marked paint stripe.

The east end of the gym, known as the stage end, is original to 1957 when Marion and Crittenden County schools consolidated.

“That side’s never been replaced,” said Kenny Jackson, a 1993 CCHS graduate and the new high school head coach. “It’s the original tongue-and-groove 1x6 hardwood that was laid down.”

The west half of the court had to be replaced in the early 2000s after a freak accident. A soccer ball kicked toward the ceiling snapped a sprinkler head, flooding the gym and damaging the wood. Still, many pieces from both eras are being preserved and cherished.

“I took the last shots on that floor before they started tearing it out... two threes, back-to-back,” said Brian Farmer, the new middle

school coach and fundraiser organizer. “That’s where I played ball. That’s where I coached my first Little League game.”

Already, a few of the most coveted center-court pieces, including the painted interlocking “CC”s, have been spoken for. Some \$5,000 has already been raised, with hopes to use the funds for new uniforms, a shooting rebound machine and future program expenses. Farmer, a 1995 graduate of CCHS, played alongside Jackson in their high school days. Their efforts to restore the program come as the district prepares to open a new middle school wing and replace the gym floor.

Memories of the gym reach far beyond the hardwood. Retired Rocket head coach and CCHS hall of famer Jimmy Croft recalls decades of players, practices and pride. His wife, Denise, painted those iconic “CC” letters.

“We did a lot of push-mopping trying to keep it clean,” Croft said. “We thought the world of that gym.”

Croft coached the only team to win a district championship in the old gym. It was the 1997-98 Rockets.

“We walked in there every day knowing it was something sacred,” he said. “It reminded me of when I was a freshman, trying to work my way up the ladder.”

Croft even salvaged some of the wood when part of the floor was removed two decades ago.

“They were just going to haul it off. Denis Hodge got me some, and his dad Keith made me a rocking chair from it,” he said. “It’s got the blue three-point line painted on it. That chair means more to me than I can say.”

Others have repurposed floorboards into tangible reminders of the old Rocket gym’s place in their personal stories. Shannon and Denis Hodge still have a cornhole board and a rocking chair made from that same salvaged floor. What was once a basketball court has become a mosaic of memory spread across homes throughout the community. A former CCHS coach himself, Denis Hodge won a district title, but it was in the current Rocket Arena.

Even those who never played on it recognize the court’s legacy. Tommy Wring, 87, played for the school before consolidation but fondly remembers watching games after the gym opened in 1957. Although CCHS won five district championships in the 1950s during the golden era of Rocket basketball, Wring said none of those title seasons were played at the old Rocket gym. Those early teams played home games elsewhere before the first Rocket gym existed.

“We’d play down in Frances and occasionally in Marion, but the old gym, it came right after I graduated,” Wring said.

In the years since, Rocket teams came close to recapturing district glory, finishing

runner-up a few times, but the gym saw just one title, that ’97-98 team under Croft.

One particularly vivid memory for Croft came in the All A Classic when Crittenden faced powerhouse University Heights Academy on the old gym floor in Marion.

“Harold Swanigan was playing for them. During warmups, he broke the rim,” Croft recalled. “We had to delay the game 30 minutes. He ended up wearing that rim around his neck like a trophy.”

Swanigan would go on to play at Notre Dame and later become the university’s director of basketball operations.

The Rocket gym was more than a venue. It was a second home to many.

“All of our kids took pride in practicing there,” Croft said. “We always kept the floors and walls as clean and sharp as we could. We knew how much it meant, it was kind of a sacred place.”

Now, the sale of the floor is offering fans, former players and community a chance to hold on to a piece of that history.

“People can make a picture frame, a bench anything from those pieces,” Croft said.

It’s not just wood. It’s tradition. It’s Rocket pride, Croft added.

This is a fundraiser, Farmer said, but it’s also a way for people to connect to the history of Rocket basketball one piece at a time.



## Rocket Baseball Awards

Crittenden County High School’s baseball team held its post-season awards ceremony earlier this week. Among those recognized were (from left) Briar Brown, Varsity Challenge Award; Eli Lovell, Varsity Defensive MVP; Jake Rich, Evans “Character” Award; Hudson Stokes, Varsity Mr. Hustle Award; Asa McCord, Varsity Ace Award; Quinn Summers, Varsity Offensive MVP and Varsity MVP; Davis Perryman, Varsity Most Improved; Cameron Nesbitt, JV Most Improved; and Eli Herrin, Freshman MVP. Not pictured were Chase Conyer, Varsity Best Teammate; Brady Dayberry, JV MVP; and Darryl Sherer, Freshman Most Improved.

# Ramage catches Johnny Bench Award

STAFF REPORT

Recent Livingston Central graduate Emersyn Ramage has been named Kentucky’s top high school softball catcher by the 2025 Johnny Bench Awards, which honor elite high school and college backstops from five states.

Ramage, a standout for the Lady Cardinals, helped guide her team to back-to-back All A Classic state championships in 2024 and 2025. Over those two seasons with Ramage behind the plate, Livingston went a combined 57-12, finishing 32-5 in 2024 and 25-7 in 2025. The Cardi-

nals reached the Second Region title game both years, falling in extra innings to Henderson County this past spring.

Known for her leadership and offensive power in addition to defense, Ramage posted a .430 batting average her senior season this past spring with 46 hits, 25 runs, 32 RBIs, and three home runs. As a junior, she hit .472 with 8 homers and 42 RBIs.

She will be honored at the Johnny Bench Awards Luncheon on July 29 at Great American Ball Park in Cincinnati and recognized during

that evening’s Reds vs. Dodgers game. The annual award, presented by MSA Sport, celebrates toughness, leadership, and excellence behind the plate. Ramage was selected among the top catchers in Kentucky, Ohio, Indiana and West Virginia.

The 2025 LCHS grad is the daughter of Garrick and Amy Ramage of Smithland. Amy is the current superintendent of Livingston County schools and daughter of longtime Crittenden County educator Dale Switzer. Emersyn has been a coop student at the Animal Clinic in Marion.



Ramage



# Unplanned Partnership, Perfect Fit: Mother-Daughter Wellness Duo Opens Doors in Marion

An unplanned opportunity turned into a perfect pairing when Dr. Megan Roberts, a 32-year-old chiropractor, and her mother Misty Roberts, a former physical therapy assistant turned massage therapist, found themselves sharing office space in Marion—and a new chapter in their lives.

After spending seven years in Georgia studying and working to become a chiropractor, Megan Roberts returned to Marion in January 2025 with a purpose.

“I just felt drawn back home,” she said. That pull became even more meaningful when the mother-daughter duo stumbled upon a building that happened to have an extra room.

“It fell into our lap,” Megan said. “I had no idea it would work out like this.”

Misty, a mobile massage therapist with a part-time office in Edyville, hadn’t been looking to relocate her practice. She was content with where she was; however, the idea of working alongside her daughter was too good to pass up.

“I thought, ‘That’s dumb not to go work with my daughter,’” Misty said with a laugh. “It all just worked out—perfect location, plenty of parking. It was meant to be.”

Shared Path to Healing

Dr. Roberts graduated from Crittenden County High School in 2011 and earned a degree in exercise science from Murray State University in 2016. Though she initially considered a career in physical therapy, something didn’t click.

“I did my internship in PT and realized my heart just wasn’t in it,” she recalled.

While immersed in the world of CrossFit, Megan found herself visiting a chiropractor regularly. That sparked an idea.



Misty Roberts, LMT, and her daughter, Dr. Megan Roberts, have a unique partnership focusing on health benefits for children and adults.

She toured Life University in Marietta, Ga., and later enrolled. She earned her doctorate in chiropractic in 2022 and became licensed in March 2025. By April, Roberts Chiropractic was open for business on East Carlisle St., in Marion.

Her philosophy?

“Motion is lotion,” she said. “The spine is meant to move. When we move well, we heal better from the inside out.”

She sees chiropractic care not just as a treatment for back pain, but as a way to improve overall health—from helping parents lift their grandchildren to easing colic in newborns.

“Birth can be traumatic,” she said. “I love when parents bring their kids in. Chiropractic care can help with everything from breastfeeding to sleep and constipation.”

Synergistic Approach

Misty Roberts sees her partnership with her daughter as a powerful combination for clients—especially for those in physically demanding jobs.

“Factory workers, people over 45 or 50—after 6 to 8 hours a day on the job, muscles don’t move as well,” Misty explained. “I loosen everything up, and then Megan adjusts them. It makes a huge difference.”

Megan agrees. “You don’t have to do both, but when you do, you get better results.”

Dr. Roberts puts emphasis on prevention.

“A lot of people grew up thinking you just got cracked and went home,” Megan said. “But I prescribe exercise too. We’re not just fixing you when something goes wrong—we’re keeping you moving

in between.”

“I’ve been to a chiropractor my whole life and took my kids,” Misty said. “But people are starting to understand that chiropractic care is more than a quick fix. It’s about long-term health.”

Life Falls into Place

Misty reflects on the journey with gratitude.

“I’m 52, and I’ve learned if you don’t over-plan and just let life happen the way it’s supposed to, it all works out,” she said.

From unplanned beginnings to a full-circle return home, the Roberts women have built a space for healing and a partnership rooted in the power of movement.



## Why wellness exams matter

Seniors are a growing and increasingly prosperous demographic. As the senior population increases, a greater emphasis must be placed on keeping aging individuals healthy. Wellness checks are important at any age, but they bear even more significance as individuals grow older.

Age brings with it many things, including experience and wisdom. But age also brings an increased risk for health problems. Aging men and women are vulnerable to chronic conditions like heart disease, COPD, cancer, and arthritis. It’s noteworthy that many chronic health conditions fail to produce any symptoms until they have progressed to a point where treatment is difficult.

Annual wellness exams can help older adults take charge of their health and stay as healthy as possible. It’s possible for a person to preserve his or her health (and possibly life) through check-ups and easy tests. Here are some common screenings and health recommendations that come up in the prime of one’s life.

- Colorectal cancer

screening: A colon cancer screening is recommended for everyone at age 45. Colon cancer is the second-leading cause of cancer deaths in the United States, and risk increases at age 45. Although people seldom look forward to a colonoscopy and the required prep, putting off this test due to a little discomfort may result in missing colon cancer at its earliest stage when it is most treatable.

- Cholesterol screening: This simple blood test can help evaluate the risk for heart disease. High cholesterol can contribute to the buildup of plaque in the arteries, making them narrower and less flexible, according to Sharecare, Inc.
- Mammogram: Most health organizations recommend annual mammogram screenings from age 40 until menopause. Then it may be possible to have a mammogram every other year for those who are at average risk. It is important for women to discuss mammogram frequency with their doctors, particularly if there is a family history of breast cancer.
- Diabetes: ChenMed says diabetes may be more common in older

**WELLNESS** — Cont. on page 13

## Activities for modern empty nesters

The rewards of parenting are bittersweet. Raising children successfully means they will one day leave home and embark on lives of their own. Once the proverbial chicks leave the nest, individuals may be left with a lot of empty home and a lot of time to fill.

According to the U.S. Census Bureau, there were 22.5 million empty nesters in the country in 2020, with most having become empty nesters between the ages of 40 and 60. Statistics Canada says roughly one-third of adults between the ages of 20 and 34 lived with their parents in 2023. Although some parents whose children have reached adulthood still provide finan-

cial assistance to their grown children due to high costs of living, many empty nesters in their fifties have greater financial resources and much more time to fill their days with activities unrelated to parenting. But how does one spend those hours when they had been filled with parenting-related obligations and activities for so long?

The following are five unique ways empty nesters can stay busy and socially engaged as they seek to avoid empty nest syndrome.

- Take care of yourself. After all those years of putting children first, now is the time to make yourself the priority. Explore all of the ways to

engage in self-care. Maybe you were thinking about signing up for a monthly massage package at a nearby wellness clinic but procrastinated because of the added expense? Now is the time to make those appointments.

- Prioritize hobbies. Identify rewarding hobbies that might have been pushed to the back burner for years. If you always wanted to learn a new language, why not immerse yourself in it and the associated culture by spending a month or more in a country where that language is spoken? Now can be a great time to pick up new hobbies as well. Aim for activities that are

**ACTIVITIES** — Cont. on page 13

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# Retired and bored? How to make an active retirement a reality

Scores of people view retirement as a time in their lives when they aren't beholden to schedules and can finally indulge in hobbies and interests they'd been dreaming about while sitting in meetings or commuting to the office. Although retirement often is billed as a time to enjoy life, research suggests a different scenario plays out all too often. According to a recent study commissioned by The Oddfellows, one of the oldest friendly societies in the United Kingdom, 39 percent of retirees have experienced feelings such as loneliness, boredom and a reduced sense of identity and purpose shortly after the retirement glow wears off.

Staying active and engaged during retirement may take some creative effort, especially for those who were used to the regimented schedule of work. But the following are some ways to maintain your active engagement with the world after calling it a career.

■ Take that trip. According to AARP, travel is one of the most popular things to do during retirement. Odds are there are places retirees have always wanted to visit, and the world is just waiting. Taking a tour or being part of a travel

group can simplify travel planning by leaving the organizing to someone else. Travelers just enjoy the ride.

■ Get moving physically. The National Council on Aging says regularly engaging in physical activity a person enjoys can help prevent bone loss, boost immunity, improve mood, and even prevent chronic illnesses. Team sport participation is a top choice for seniors

looking to stay active because sports provide physical exercise and also an opportunity to socialize with friends or teammates.

■ Maintain a consistent schedule. Some people thrive when they know what is coming next. If you need a routine in order to be happy, establish a consistent schedule that works. For example, people can wake up at the same

time each morning and eat lunch during at the same time they did while working. Upon retiring, incorporate a daily plan for exercise if physical activity is not part of your traditional routine.

■ Try something new. It is never too late to try a new activity, class, sport, or hobby. Challenging yourself can stimulate the mind and provide a pathway to new relationships. Individuals

can even consider going back to college. According to Kiplinger, New Jersey residents age 65 and older can take regularly scheduled courses tuition-free at the state's public colleges and universities, provided classroom space permits. There are similar programs in other states across the country.

■ Pick up a new language. Learning a new language is a benefi-

cial tool for seniors who are looking to maintain cognitive abilities. The National Institutes of Health says bilingualism has been linked to higher cognitive reserve, delay in dementia onset and better performance in executive control.

There are many ways for seniors to keep their brains and bodies active in an effort to overcome boredom and improve overall well-being.

## FINANCIAL FOCUS® You have an estate plan, know it or not

July 17, 2025



**Grant Rogers**  
Financial Advisor

Think estate planning is only for the wealthy or elderly? Think again. If you own anything — a home, a car, a savings account, even a pet — you already have an estate plan. The only question is: Did you create it, or will your state do it for you?

When someone passes away without an estate plan, state laws take over, deciding who gets what and when. This legal process may not reflect your wishes. That's why taking control of your assets through a personal estate plan should be a top priority.

At its core, estate planning is about clarifying your wishes and making things easier for your heirs. It ensures your assets are distributed according to your preferences, designates who will make decisions on your behalf if you can't and provides guidance for your care in a medical crisis. Most

plans include four key components:

1. A Will – This document outlines how your assets should be distributed after your death and names an executor to oversee the process in probate court. It can also designate guardians for minor children. Keep in mind that a will doesn't cover everything — certain transfer on death (TOD) accounts and jointly held property may bypass your will entirely.
2. Power of Attorney – If you become incapacitated, you'll want someone you trust to be able to make decisions on your behalf. A durable power of attorney designates such a person, helping to ensure your bills are paid, your busi-

ness continues (if you have one) and your wishes are honored.

3. Health Care Directive – Sometimes called a living will, this document spells out your preferences for medical treatment if you're unable to speak for yourself. It can also designate someone to make health care decisions for you.

4. Beneficiary Designations – Accounts like 401(k)s, IRAs, and life insurance policies transfer directly to the people you name, regardless of what your will says. It's essential to review these beneficiary designations regularly, especially after significant life events such as marriage, divorce, death of a spouse or the birth of a child.

One common myth is that a will is all you need. But wills only take effect after death; they don't help if you're alive but unable to make decisions. Another misconception is that estate planning is only for the wealthy. In truth, planning is about more than money — it's about making things easier for the people you love during difficult times.

An effective estate plan can prevent costly legal battles, reduce confusion and give your loved ones a clear roadmap to follow. It also allows you to leave a legacy that reflects your values and priorities.

As your life changes, your estate plan should change along with it. Re-

view your documents every few years or after major life events. It's often a good idea to seek help with such reviews. Your financial advisor or attorney can guide you through the process, ensuring your plan fits your unique circumstances.

In the end, estate planning isn't just about planning for what happens when you are gone. It's about feeling confident, knowing that what matters most — your family, your purpose, your legacy — is protected.

**Grant Rogers**  
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## Can hair loss be prevented?

Hair loss is a concern for millions of people, including both men and women. The American Hair Loss Association® says androgenetic alopecia, commonly known as male pattern baldness (MPB), is responsible for more than 95 percent of hair loss in men. By the age of 35, two-thirds of American men will experience some degree of noticeable hair loss. Hair significantly thins by the age of 50 in 85 percent of men. A study by the Canadian Dermatology Association indicates that MPB affects about 50 percent of men in Canada. Androgenetic alopecia also occurs in women, affecting around 30 million women in the U.S. Hair loss in women often increases with age and after menopause.

Hair loss can affect appearance and self-esteem. Understandably, people wonder if there is something they can do to delay hair loss or prevent it from occurring altogether. Although some forms of hair loss can be minimized or avoided by addressing certain medical conditions or lifestyle factors, the hair loss attributed to genetics

cannot be avoided. Here is a deep look at some strategies to protect hair.

■ Go easy on hair. It is important to be gentle with hair. Many people are too rough when brushing, or use harsh chemical products or heat appliances. Limiting the use of these items and reducing the tension on hair from styles that use elastic bands, barrettes and braids can help reduce hair loss that results from ill treatment.

■ Manage medical conditions. Certain medical conditions, such as thyroid disease, can affect hair loss. Hair loss may slow after receiving treatment and managing these illnesses.

■ Try a cooling cap. The Cleveland Clinic suggests the use of a cooling cap during chemotherapy treatment. Such a device has been shown to reduce hair loss from cancer treatments.

■ Cope with stress. Find healthy ways to cope with stress. The National Institutes of Health indicates researchers have linked stress to impairment of stem cells necessary for hair growth. Meditating,

engaging in relaxing activities, laughing with friends and family, and additional ways to manage stress may improve hair health.

■ Check your medications. Certain medications may affect hair loss. Several types of medications, such as beta-blockers, anticonvulsants, antidepressants, and anticoagulants, are linked to hair loss. Discussing alternatives with a doctor may help.

■ Try baldness products and treatments. Medications are available to treat hereditary baldness. The most common include minoxidil, finasteride, spironolactone, and dutasteride. These are oral and topical treatments. In addition, the U.S. Food and Drug Administration has approved a low-level laser device as a treatment for hereditary hair loss in men and women. A few small studies have shown improvement in hair density. Hair transplanting procedures are an additional option.

Hair loss affects people all over the world. Some factors are controllable, while others are genetic.



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DID YOU KNOW?



ACTIVITIES

Continued from page 9

social in nature, like the ever-popular pickleball.

■ Travel far and wide. Travel is a popular pastime among empty nesters and retirees. When you no longer have to coordinate travel around school schedules and holidays, you can take advantage

of great deals on off-peak travel and really see the country or even the world.

■ Indulge your social life. If parenting made it hard to attend certain social functions, now you'll have the time to engage with friends more regularly. You can reach out to old friends and start a weekly walking group, join a book club, sign up for a fitness class together,

er, or even do a monthly wine and dine meet-up.

■ Adopt a pet. When children were still at home you likely lavished attention on them each day. You can redirect some of that affection to a pet who needs a good home.

Empty nesters have more free time to redirect to their own passion projects and interests.

WELLNESS

Continued from page 9

adults, so regular screenings for this illness can enable early diagnosis and management.

■ Testicular cancer screening: This test generally is not recommended without symptoms. Some organizations suggest men with a family history or other risk factors consider performing self-examinations.

■ Vaccination needs: Doctors can alert patients to recommended vaccinations during wellness exams. Seniors should receive an annual flu shot and updated COVID-19 vaccination as available. Pneumococcal vaccine can protect against pneumococcal disease that can lead to pneumonia, meningitis and bloodstream infections. Adults over 50 also should receive a vaccination for shingles, which can occur in older age in those who have

previously experienced chickenpox.

There are additional advantages to routine health checkups. Doctors can inquire about fitness routines, stress, sleep, and diet to see if patients are within the guidelines for healthy living.

Older age may make a person wiser, but the risk for various health issues and certain diseases increases with age. Routine health check-ups can keep doctors and patients on the same page.

Arthritis is a common condition that affects millions of people. According to the Centers for Disease Control and Prevention, roughly one in five adults in the United States is affected by arthritis, with an estimated 54.5 million adults reporting they have the condition. The Arthritis Society Canada has similar findings for Canadians suffering from arthritis. Again, one in five adults has the illness and about six million people in the country already have received an arthritis diagnosis. Arthritis causes joint pain, stiffness and inflammation. The Cleveland Clinic reports osteoarthritis, a type of arthritis that is caused by wear and tear on the joints, is the most common type of the condition. Osteoarthritis can occur naturally as a person ages due to a lifetime of using the joints and wearing down their cartilage cushioning. Other types of arthritis occur from illness (gout) or the immune system can cause arthritis when it damages the joints by mistake (rheumatoid arthritis).

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Ask our pharmacists about allergy relief and free children's medicine flavoring

TWO LOCATIONS TO SERVE YOU

Glenn's Apothecary

Located in Family Practice Clinic Building  
Marion, KY • (270) 965-4101

Glenn's Prescription Center

119 E. Main St., Salem, KY  
(270) 988-3226

Ask about

Renew Active

by UnitedHealthcare



- Treadmills
- Stationary Bicycles
- Light Weights
- Resistance Bands

SAFE-CONVENIENT

24-Hour Access

MARION

FITNESS

24/7

SEPARATE WOMEN'S WORKOUT AREA

(270) 965-5803

Enter through rear entrance

913 S. Main St.

Marion, Kentucky

Our Community is Your Home for Healing



Rehabilitation Services

Professionally trained speech, occupational, and physical therapists consider the unique needs of each patient and create a therapeutic program to help assist each patient in achieving a higher level of functioning. Our positive, energetic team of therapists will be there for those facing challenges including but not limited to:

- Orthopedic Care
- Post-surgical Care
- Stroke and neurological care
- Arthritis
- Pain Management
- Wound care
- Fall Prevention
- Dietary Swallowing and eating
- Incontinence
- Decline in day-to-day functioning
- General weakness

Our goal is to help our patients achieve their maximum level of independent functioning and to develop a personalized plan to get you back on the road to recovery!



“our patient-first philosophy means care with a personal touch.”



Our Services

- 24-hour Nursing Care
- Post-Acute Care
- Tracheostomy Care
- Wound Care
- Pulmonary Care
- Pain Management
- Respite Care
- Palliative Care
- Medically Complex Patients
- IV Therapy
- Dementia Care

Our Amenities

- Private Rehab Recovery Rooms
- Daily Housekeeping Service
- Recreational Activities
- Personal Laundry Service
- Beauty Salon and Barber Shop
- Patio and Courtyard
- Cable Television & WiFi

Atrium Centers, LLC

CRITTENDEN COUNTY

HEALTH & REHABILITATION CENTER

201 Watson Street • Marion, Ky. • (270) 965-2218

Crittenden County Health and Rehabilitation Center does not discriminate against any person regardless of race, color, sex, national origin, age, religion, disability or communicable disease regarding the admission, retention, treatment and terms of residency for patient/ clients of Crittenden County Health and Rehabilitation Center.

CARING FOR YOUR COMMUNITY



We accept the following:

- Commercial Insurance
- Medicaid & Medicare
- Private Pay

Discounts are available on healthcare and prescriptions

Transportation assistance is available. Contact our outreach dept. for arrangements.

Walk-Ins Welcome

Our Services:

- ✓ Family Practice
- ✓ Behavioral Health
- ✓ Weight Management
- ✓ Optometry
- ✓ Diabetes Self-Management, Education and Support
- ✓ Medical Nutrition Therapy
- ✓ Laboratory
- ✓ Gerontology

Health First

Community Health Center


(270) 365-9455

1100 S. Jefferson Street, Princeton, KY





# DID YOU KNOW?



## ACTIVITIES

Continued from page 9

social in nature, like the ever-popular pickleball.

■ Travel far and wide. Travel is a popular pastime among empty nesters and retirees. When you no longer have to coordinate travel around school schedules and holidays, you can take advantage of great deals on off-peak travel and really see the country or even the world.

■ Indulge your social life. If parenting made it hard to attend certain social functions, now you'll have the time to engage with friends more regularly. You can reach out to old friends and start a weekly walking group, join a book club, sign up for a fitness class together, or even do a monthly wine and dine meet-up.

■ Adopt a pet. When children were still at home you likely lavished attention on them each day. You can redirect some of that affection to a pet who needs a good home.

Empty nesters have more free time to redirect to their own passion projects and interests.

## WELLNESS

Continued from page 9

adults, so regular screenings for this illness can enable early diagnosis and management.

■ Testicular cancer screening: This test generally is not recommended without symptoms. Some organizations suggest men with a family history or other risk factors consider performing self-examinations.

■ Vaccination needs: Doctors can alert patients to recommended vaccinations during wellness exams. Seniors should receive an annual flu shot and updated COVID-19 vaccination as available. Pneumococcal vaccine can protect against pneumococcal disease that can lead to pneumonia, meningitis and bloodstream infections. Adults over 50 also should receive a vaccination for shingles, which can occur in older age in those who have previously experienced chickenpox.

There are additional advantages to routine health checkups. Doctors can inquire about fitness routines, stress, sleep, and diet to see if patients are within the guidelines for healthy living.

Older age may make a person wiser, but the risk for various health issues and certain diseases increases with age. Routine health check-ups can keep doctors and patients on the same page.

Arthritis is a common condition that affects millions of people. According to the Centers for Disease Control and Prevention, roughly one in five adults in the United States is affected by arthritis, with an estimated 54.5 million adults reporting they have the condition. The Arthritis Society Canada has similar findings for Canadians suffering from arthritis. Again, one in five adults has the illness and about six million people in the country already have received an arthritis diagnosis. Arthritis causes joint pain, stiffness and inflammation. The Cleveland Clinic reports osteoarthritis, a type of arthritis that is caused by wear and tear on the joints, is the most common type of the condition. Osteoarthritis can occur naturally as a person ages due to a lifetime of using the joints and wearing down their cartilage cushioning. Other types of arthritis occur from illness (gout) or the immune system can cause arthritis when it damages the joints by mistake (rheumatoid arthritis).

Ask about

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Marion, Kentucky



Looking for a

# PHARMACY

to fill your prescription needs?

## GET IT AT GLENN'S

Easily transfer prescriptions with one phone call to us, we will take care of the rest.

### WE OFFER:

- Medicare Part D Plan Reviews
- School Vaccinations and more
- Medicine Synchronization Services



- Full Service Pharmacy
- We will deliver to businesses
- We accept over 200 insurance plans
- Over-the-Counter Medications
- We will request refills from your doctor if you need a new prescription

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# Primary Care & Behavioral Services for the Whole Family



### MEET OUR PROVIDERS

Kaitlin Loveless, APRN, PMHNP-BC  
Teresa White, FNP-BC, APRN



### MEET OUR PROVIDERS

Kaitlin Loveless, APRN, PMHNP-BC  
Bethaney Long, LCSW  
Bryce Eichelberger, APRN | Laura Wood, FNP



Livingston  
Hospital

EDDYVILLE  
FAMILY MEDICAL

209 W. Main Street  
Eddyville, KY  
270-388-0620



Livingston  
Hospital

CARE CLINIC

727 E. Main Street  
Salem, KY  
270-988-3839



### MEET OUR PROVIDERS

Samantha Samuels, FNP | Jessica Sigler, PMHNP  
Bethaney Long, LCSW



### MEET OUR PROVIDERS

Kaitlin Loveless, APRN, PMHNP-BC  
Matt Fletcher, FNP-BC



Livingston  
Hospital

FAMILY CLINIC

909 S. Main Street  
Marion, KY  
270-704-4131



Livingston  
Hospital

GRAND LAKES  
CLINIC

1860 J.H. O'Bryan Ave.  
Grand Rivers, KY  
270-362-8246



**Livingston Hospital**  
DEACONESS KENTUCKY PARTNER

*Helping Adults Overcome Depression and Anxiety*

## New Beginnings

Depression isn't normal at any age. Declining physical ability, loss of loved ones and isolation can lead to depression, anxiety and other issues. Take heart, healing is possible. *We can help.*

At New Beginnings our goal is to help patients safely return to their optimal style of living. Allow us to partner with you in making the future brighter for you and your loved one. Hope is just around the corner.

#### Services Include:

- 16 week program (1-3 days per week)
  - Noon meal with group attendance
  - Confidential treatment
  - Psychiatric and psychosocial assessment
  - Therapeutic activities
- Group, individual and family therapy
  - Medicare program
  - Medication management
  - Coordinating care with your doctor
  - Discharge planning
  - Free transportation

For more information, call 270-988-2675 or visit us online at [lhhs.org/NewBeginnings](https://lhhs.org/NewBeginnings).



**Livingston Hospital**  
DEACONESS KENTUCKY PARTNER

## Heart Scans

Show Your Heart Some Love

A heart scan, or CT Cardiac Scoring, is a Computed Tomography (CT) exam used to evaluate the coronary arteries for plaque and other anomalies to determine if you are at risk for heart disease. The exam only takes 15 minutes, there is no prep and it is non-invasive. Answer the questions below to find out if you are at risk.

*\*If you have had cardiac bypass surgery, stents, or know you have a cardiac calcification - this test is NOT for you.*

#### Do you have any of the following primary risk factors?

- Family History of Heart Disease
- High Cholesterol
- High Blood Pressure
- Smoking
- Diabetes
- Overweight
- Sedentary Lifestyle
- Men Over 45, Women Over 55

If you answer YES to any of the above questions, you may be at risk for heart disease.

Call 270-988-2181 to schedule an appointment.